

FALL 2016

City of SOLON



CITYWIDE ACTIVITY GUIDE

ARTS PARKS RECREATION SENIORS SPECIAL EVENTS

City Directory



City of Solon

Mayor Susan A. Drucker

Solon City Council

Ward 1 - Doug Magill

Ward 2 - Robert N. Pelunis

Ward 3 - Jeffrey M. Pedicino

Ward 4 - Marc R. Kotora

Ward 5 - Nancy E. Meany

Ward 6 - Edward H. Kraus

Ward 7 - William I. Russo, *Vice Mayor*

Arts Center (440) 337-1400

City Hall (440) 248-1155

Fire Station #1 (440) 349-6333

Fire Station #2 (440) 248-6939

Fire Station #3 (440) 337-1500

Grantwood (440) 248-4646

Police (440) 248-2932

Recreation (440) 248-5747

Senior Center (440) 349-6363

Service (440) 248-5834



Explore the Website

Flip through the online Citywide Activity Guide, search each department online and find city newsletters and information at www.solonohio.org



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www.facebook.com/solonrec



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Dear Residents,

Greetings from Recreation! As the summer months wind down and we turn to fall, the changes in the Solon Community and at Solon Recreation Department are very noticeable. The outdoor pools are closing for the winter and the activities and lessons move indoors. This year we are taking on many maintenance projects in order to make your experience here better!

Our Community Center now becomes the bustling hub of activity that we look forward to each year. Did you know that the daily attendance at the center can average over 1,000 visitors per day? What a great way to get to know people in the community! This doesn't include visitors to the Center for the Arts and Grantwood!

Obviously, the Solon Recreation Department has a wide array of programs available for your participation, but don't forget about Grantwood and the Arts Center and the many fine programs that they offer! (And for those older adults – our Senior Center is second to none!) We truly have programs available for the community from age 2 to age 92! You will also be amazed at the number of collaborations with other departments and cities which are available.

Thank you again for your continued support of the Solon Recreation Department, Grantwood Golf Course, Solon Center for the Arts and Solon Senior Center. The entire Recreation, Grantwood, and Arts Staff look forward to seeing you here in the coming months.

Yours in leisure,

Donald W. Holub
Director of Recreation
City of Solon

Non-Discrimination Clause

The City of Solon, Ohio does not discriminate on the basis of race, color, national origin, sex, religion, age or disabled status in employment or the provision of services. For more information regarding compliance with the Americans With Disabilities Act of 1990, please call Peggy Weil Dorfman, ADA Coordinator, (440) 349-6327; TDD (440) 248-1176



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RECREATION

BANQUET HALL AND MEETING ROOM RENTALS

Whether planning an important business meeting, family party, wedding reception, Bar/Bat Mitzvah, First Communion, birthday party, baby or bridal shower, the Solon Community Center is the ideal location. Conveniently and centrally located, the Solon Community Center is reasonably priced and is geared for a variety of personal and business functions. The community center features three meeting rooms along a large banquet hall and a fully equipped catering kitchen. Parties being held on Friday and Saturday must conclude by 12:00 am. Functions being held Sunday through Thursday must conclude by 11:00 pm.

Banquet Hall

The banquet hall can be rented as one large room to accommodate up to 240 people based on set-up, or it can be separated into three separate rooms. Each individual banquet room can accommodate up to 75 people based on set-up. The banquet hall opens to a beautiful terrace, which is ideal for cocktails, dining alfresco or just for conversation.

All three banquet rooms have drop-down ceiling screens for audio-visual presentations and come equipped with a PA system and internet service. Audio-visual equipment is available for groups to rent. The Solon Community Center provides tables and chairs and the renter is responsible for all event decorations. Renters must complete a Rental Contract and provide a \$300 refundable security deposit when booking a room. Upon conclusion, the renter will receive a security deposit refund unless damage has been caused. The Solon Community Center allows renters to use the caterer of their choice. Alcohol is permitted at functions. If alcohol is being served or if a party takes place on Friday, Saturday or Sunday nights, then a security officer must be present. The Recreation Department will secure the officer from the Solon Police Department, and the renter is responsible to pay the officer at the conclusion of the function. (The hourly rate is set and is subject to change by the Solon Police Department.)

Banquet Facility Rental Rates *Prices are subject to change.*

Friday, Sunday and Holiday:	Service Group	Private Group
Full Banquet Hall	\$140/Hour	\$185/Hour
One-Third of Banquet Hall	\$60/Hour	\$80/Hour

Monday - Thursday:	Service Group	Private Group
Full Banquet Hall	\$90/Hour	\$125/Hour
One-Third of Banquet Hall	\$50/Hour	\$55/Hour

Saturday Rate: There is a minimum charge of \$1,225 for Saturday rentals. The banquet hall will be available as of 1:00 pm and is not separated. If a renter would like to rent the lobby area of the Community Center for a party from 6:30 pm - 8:00 pm, there is an additional charge of \$250, for a total rental fee of \$1,475.

For additional banquet hall, meeting room or youth lounge information, facility availability or to schedule a function, please contact E. David Peleg (dpeleg@solonohio.org) via e-mail or by calling (440) 248-5747.

Meeting Rooms

There are two meeting rooms that are ideal for groups ranging in size from 20 to 65 based on the requested set-up. Each separate room features Internet access, a dry erase board and kitchen access. Meeting Room A also features a pull-down ceiling screen for audio-visual presentations. Audio-visual equipment is available for groups to rent. The Solon Community Center provides tables and chairs, while the renter is responsible for all event decorations. The Solon Community Center allows renters to use the caterer of their choice. Alcohol is permitted at functions. If alcohol is being served or if a party takes place on Friday, Saturday or Sunday nights, then a security officer must be present. The Solon Recreation Department will secure the officer from the Solon Police Department, and the renter is responsible to pay the officer at the conclusion of the function. (The hourly rate is set and is subject to change by the Solon Police Department.)

Meeting Room Rental Rates *Prices are subject to change.*

Room:	Service Group	Private Group
Meeting Rooms A & B (Combined)	\$50/Hour	\$65/Hour
Meeting Room A or B	\$30/Hour	\$40/Hour

Youth Lounge

The Youth Lounge is ideal for small meetings or parties of groups up to 30 people. Even though this room is not directly connected to the banquet kitchen, renters have access to the kitchen if necessary. This room has a flat rental rate of \$50 per hour.



RECREATION



COMMUNITY CENTER HOURS

Business Hours

(Indoor pool hours may not adhere to this schedule)

Monday - Friday
5:30 am - 9:30 pm
Saturday & Sunday
8:00 am - 6:00 pm

Registration Hours

Monday - Friday
5:30 am - 8:30 pm
Saturday & Sunday
8:00 am - 5:30 pm

The Community Center hours will be adjusted on the following days:
Monday, September 5 - 5:30 am - 1:00 pm
Thursday, November 24 - CLOSED in observance of Thanksgiving

SOLON COMMUNITY CENTER RULES OF CONDUCT

The following actions and disruptive behaviors that interfere with the ability of Solon residents and members to effectively use the Community Center will not be tolerated. Repeated violations will result in expulsion from the Community Center and loss of membership privileges.

- Violating local ordinances, state and or federal law
- Violating Solon Community Center policies and/or guidelines
- Harassing others
- Misusing Community Center equipment and furnishings
- Congregating in or around entrances, exits, stairways or otherwise blocking access
- Fighting and physical abuse

Also, please remember: Shoes and shirts must be worn in the building. Smoking is prohibited in the facility. Any use of cameras or recording devices must be authorized. The Solon Community Center cannot be responsible for lost or stolen articles. Do not leave valuables or personal items unattended. Solicitation of staff or members is prohibited.

SOLON COMMUNITY CENTER

Membership Rates - Effective October 1, 2012

12 Month Community Center Memberships

	Solon Resident	Glenwillow Resident Working in Solon
Family Pass	\$395	\$670
Adult (24-59)	\$265	\$400
Couple (Married, no Kids)	\$330	\$575
Senior (Age 60+)	\$135	\$245
Senior Couple (both 60+)	\$235	\$475
Young Adult (Ages 19-23)	\$110	\$135
Youth/Child (Ages 7-18)	\$ 80	\$135
Toddler (6 and under)	Free	Free

6 Month Community Center Memberships

	Solon Resident	Glenwillow Resident Working in Solon
Family Pass	\$200	\$340
Adult (24-59)	\$140	\$200
Couple (Married, no Kids)	\$175	\$295
Senior (Age 60+)	\$ 70	\$125
Senior Couple (both 60+)	\$120	\$245
Young Adult (Ages 19-23)	\$ 65	\$ 75
Youth/Child (Ages 7-18)	\$ 50	\$ 75
Toddler (6 and under)	Free	Free

3 Month Community Center Memberships

	Solon Resident	Glenwillow Resident Working in Solon
Family Pass	\$110	\$190
Adult (24-59)	\$ 80	\$110
Couple (Married, no Kids)	\$ 95	\$165
Senior (Age 60+)	\$ 40	\$ 70
Senior Couple (both 60+)	\$ 70	\$140
Young Adult (Ages 19-23)	\$ 40	\$ 45
Youth/Child (Ages 7-18)	\$ 30	\$ 40
Toddler (6 and under)	Free	Free

RECREATION

Solon Recreation League Registration Policy

When signing your child up for Solon Recreation Leagues, be aware that participants will be placed on teams in either their neighborhood or school to the best ability of the sports program coordinators. **Requests for certain coaches and teammates cannot always be honored.**

Head coaches are encouraged to sign up to coach a team in their respective leagues and are allowed the choice of selecting **ONE** assistant coach to help them run their team before teams are put together or drafted. Once teams are selected, we encourage all parents to help out the assigned coaches if needed.

If participants sign up for a league after teams have already either been drafted or put together, they will be placed on a team based on numbers throughout the league in order to make teams even and fair. There is a possibility that they will not make it onto a team with children from their neighborhood or school. If the league is full, they will be placed on a waiting list and moved onto a team if a spot becomes available.

If a participant is in a league where there is a **DRAFT** to select teams, **requests cannot and will not be honored.** Participants will be on the team that selects them in their respective rounds.

Football

Youth Flag Football

GRADES 1 - 6

The Solon Recreation Department is offering fall flag football. There will be three separate flag leagues – Pee Wee, Minors, and Majors. The games will be played at the Solon Community Park on Saturday afternoons and some weeknights. These leagues have been structured to develop football skills, learn various formations along with strategies, while in a fun environment. **NEW THIS YEAR**, Solon Recreation football participants in the minor and major leagues will be given the opportunity to showcase their individual and team talents in a Solon Recreation football Skills Competition.

DIVISIONS:

Pee-Wee: Grade 1-2
Minors: Grade 3-4 **DRAFT**
Majors: Grade 5-6 **DRAFT**

EVALUATIONS:

DAY	DATE	TIME
Minors:		
	Tues 9/1	6:00 - 7:00 pm
Majors:		
	Thurs 9/1	7:00 - 8:00 pm

LOCATION: Solon Community Park

**We will hold evaluations in the Community Center if we have inclement weather*

GAMES: Begin September 19

PRACTICES: Held at coaches discretion

REGISTRATION: Begins July 1

FEE: \$55 BONUS \$45 on or before 8/31.

**Depending on registration, dates are subject to change. Inclement weather may also cause*

5

Mini Mites Flag Football Program

Offered by



and SOLON RECREATION
PRE-SCHOOL AND KINDERGARTEN

A highly instructional and fun football program aimed at introducing very basic fundamentals to complete novices. Players learn a proper stance, how to run pass patterns, throwing and catching, and pass defense.

Each session will consist of 30 minutes of instruction and 30 minutes of a fun, non-competitive instructional game. Players will be assigned to teams and will enjoy the camaraderie of working together as a group. Players will be rotated in all positions during the games and no score will be kept. No practices will be held in addition to the Saturday commitment.

Coaching will be conducted by Jump Start Sports staff coaches, but parents are welcome to assist in the coaching and will be introduced to the Coaching4Life system of teaching values and building character within the context of a sports season. Rosters and schedules will be e-mailed prior to the first game.

DAY	DATE	TIME
Sat	9/10 - 10/15	9:30 - 11:30 am

LOCATION: Solon Community Park Diamond #5

FEE: \$95 per player

**includes NFL replica jersey & trophy*

REGISTRATION: Easy and convenient online registration at www.JumpStartSports.com

**For further information, contact Rick Hart at 330-656-0090 or via e-mail at RHart@JumpStartSports.com.*

Tri-County Recreational Flag Football League

GRADES 7, 8 & 9

The Solon Recreation Department once again has teamed up with Kenston and Chagrin to form a flag football recreational travel league for 7th, 8th and 9th graders. Games will be played in Solon & Kenston. Evaluations for Solon teams will be held on Wednesday, August 24 at

10:00 am on Diamond #4 at the community park. An All-League Skills Day gathering will be held on Saturday, August 27th at the Solon Community Park at a time to be determined.

GAMES: Begin early September

TIMES: 9:00 am - 2:00 pm

PRACTICES: Held at coaches discretion

REGISTRATION: Begins July 1

FEE: \$75 BONUS \$65 on or before 8/16

RECREATION

Soccer

Fall Outdoor Soccer Leagues

GRADES K - 6

The Solon Recreation Department will be offering the ever-popular fall soccer league. We will be playing games at the Community Park Diamonds numbers 6 through 10. These leagues give players, both boys and girls, the opportunity to understand the game while participating in practices and games. Players are taught game strategies, tactics, individual skill development and teamwork. All games are played within a recreational environment. We are always looking for parent volunteers to help coach these leagues. Without your help, we would not be able to do these leagues. There will be evaluations this year for Division II-B and III-B. Evaluations for Division II-B will be on Thursday, August 25 at 6:00pm and Division III-B will be at 7:15pm

DIVISIONS:

Division K	Kindergarten	Co-ed
	(must turn 5 by Dec 31)	
Division I-G	Grade 1-2	Girls
Division I-B	Grade 1-2	Boys
Division II-B	Grade 3-4 DRAFT	Boys
Division III-B	Grade 5-6 DRAFT	Boys

EVALUATIONS:

DAYS	DATE	TIME	LOCATION
Division II-B:			
Thurs	8/25	6:00 pm	Diamond #10
Division III-B			
Thurs	8/25	7:15 pm	Diamond #10

DAYS: Sundays / some Saturdays based on number of teams for fall and some weekday evenings (if needed).

TIMES: 12:00 pm - 6:00 pm

LOCATION: Solon Community Park Diamonds 6, 7, 8, 9 & 10

FEE: \$70 BONUS \$60 on or before 8/20

REGISTRATION: Begins July 1

PRACTICES: Practices will start in early September.

GAMES: Begin September 20

Tri-County Girls' Recreation Soccer League

GRADES 3-5

Solon Recreation has teamed up with the cities of Kenston and Aurora to form a girls' soccer league. This league will play on Saturday mornings between 9:00 and 1:00 depending on number of teams.

DIVISIONS: Grades 3-5 girls

DAYS: Saturday mornings

PRACTICES: Held at coaches discretion (weeknights)

GAMES: September - October

TIMES: 9:00 am - 1:00 pm

LOCATIONS: Solon Community Park, Kenston and Aurora

FEE: \$70 Bonus \$60 on or before 8/13



EVALUATIONS:

DAY	DATE	TIME	LOCATION
Grades 3-5			
Sat	8/20	11:00 am	Diamond #10

Pee Wee Soccer

AGES 3 - 5

Want to teach your kids the basics of soccer? Now is your chance. The Solon Recreation Department will be offering a Pee Wee Soccer Clinic. The program will introduce basic soccer skills in a fun-filled environment. Instructors will focus on footwork, dribbling, passing, and teamwork. The program director will be Dennis Weyn.

SESSION DAY DATE TIME

Session 1 Mon 9/12-10/17 1:00-2:00pm

Session 2 Mon 10/31-12/5 1:00-2:00pm

FEE: \$109 per session

LOCATION: SCC

Soccer Foot Skills Clinic

GRADES K - 6

Keep up on your soccer skills during the off-season with this excellent program. The six week training session will focus on developing soccer skills and techniques. All instructions are introduced in a positive environment, which will increase each player's confidence. Please bring a ball to the first class. Questions call Dennis Weyn 440-567-9893.

SESSION DAY DATE TIME

Session 1 Mon 9/12-10/17 4:00-5:00pm

Session 2 Mon 10/31-12/5 4:00-5:00pm

FEE: \$109 per session

LOCATION: SCC



RECREATION

Volleyball

Adult Volleyball League

North Coast Volleyball Club LLC. has partnered with the Solon Recreation Department to offer a Fall Adult Volleyball League starting in early October with matches being played through mid-December. Matches will be played at the Solon Community Center on Thursday evenings. The league will consist of a 9-week session. Prizes will be awarded to the First and Second Place teams. For additional league information and/or to register your team, please contact Jeff Evers at 440-449-2751 or JEFFTHEREFF-NCVB@GMAIL.COM

Adult Open Volleyball

ADULT 18 AND OVER

Adult volleyball will be offered again throughout the school year. Join us for a fun filled night of action above the nets at the Solon Middle School Gym and Orchard Middle School. SCC members are admitted free with CC pass. Open volleyball will not be held when school is closed.

DAY	TIME	FEE
Wed	6:30 - 9:00 pm	\$3

*fee per session with identification
DATE: Session begins 9/7

Adult Co-Ed Volleyball League

ADULTS 18 AND OVER

The Recreation Department will be holding a co-ed volleyball league for adults 18 and under. Teams must register, pay team fees, and submit a completed roster by August 15th to be placed on the schedule.

DAY	TIME	FEE
Thurs	6:00 pm	\$125 per team

LOCATION: Solon Community Center
REGISTRATION: Now through 8/15

Tri-County Girls' Recreation Volleyball League

GRADES 1-2, 3-4, 5-6 and 7-9

Solon Recreation has teamed up with the cities of Kenston and Aurora to form a girls' volleyball league. This league will play on Saturday and Sunday mornings between 9:00 am - 3:00 pm depending on the number of teams. **Evaluations will be held with time and place to be determined. An All League skills day will be held on Sept. 11 @ Kenston.**

DIVISIONS: Grades 1-2, 3-4, 5-6 and 7-9

GAMES: Begin Sept. 17

DAYS: Saturday and Sunday mornings

PRACTICES: Assigned by Rec department

TIMES: 9:00 am - 3:00 pm

LOCATIONS: Solon, Kenston and Aurora

FEE: \$70 BONUS \$60 on or before 9/4

Basketball

Tri-County Recreational Girls' Minor and Majors Basketball League

GRADES 3 - 5 & 6 - 8

We will be teaming up with neighboring communities Kenston and Aurora once again this winter. Girls in grades 3-5 will be in the Minors Division. Girls in grades 6-8 will be in the Majors Division. All players will go through an evaluation and draft. Players will be evaluated in January. We will notify you of the date and time of the evaluations. An All-League Skills Day will be held at a date, time and location to be determined. The league will be from January until the end of March.

PRACTICES:

DAY	TIME
M,T,W,TH,F	6:00 pm - 9:00 pm
Sat	9:00 am - 3:00 pm

LOCATION: Solon Middle School, Parkside Elementary, Arthur Road, Solon Community Center and neighboring communities (Kenston and Aurora)

FEE: \$75 BONUS \$65 on or before 12/31

REGISTRATION: Begins 9/1

Minor and Major Boys Basketball

GRADES 3 - 6

There will be two separate leagues for boys in grades 3 and 4 (Minors) and grades 5 and 6 (Majors). Teams will be organized in both leagues after evaluation and draft. Minor evaluations will be held on Saturday, November 12 at 9:00am and Major evaluations will be held Saturday, November 12 at 10:15am at the Solon Community Center. These leagues are structured to encourage teamwork, to learn the game and to improve skills. **NEW THIS YEAR**, Solon Recreation basketball participants will be given the opportunity to showcase their individual and team talents in a Solon Recreation Basketball Skills Competition.

LEAGUES:

Minors: Grade 3 - 4

Majors: Grade 5 - 6

DAY	DATE	TIME
M,T,W,Th	11/12 - 3/11	6:00 pm - 9:00 pm
Sat		10:00am - 5:00pm

LOCATION: Solon Middle School, Parkside, Arthur Road, SCC

FEE: \$75 BONUS \$65 on or before 11/5

REGISTRATION: Begins 9/1



RECREATION

Middle School Boys Basketball League

GRADES 7 - 8

League evaluations will be held on Sunday, November 13 at 11:00am at The Solon Community Center. The league will end approximately early March. We will need volunteer coaches for this league. NEW THIS YEAR, Solon Recreation basketball participants will be given the opportunity to showcase their individual and team talents in a Solon Recreation Basketball Skills Competition.

DAY	DATE	TIME
Sun	11/13 - 3/12	11:00 - 5:00pm

LOCATION: Solon Community Center, Parkside Elementary

FEE: \$75 BONUS \$65 on or before 11/6

REGISTRATION: Begins 9/1

Pee Wee Basketball

GRADES 1 - 2

This is an instructional program and league combined. This program will focus on the basic skills and terminology of the game along with playing games. The first three weeks of this program will be instructional. Weeks four and five will be scheduled team practices. Week six through week nine will be games. Following the third week, the participants will be split up into teams. When registering, sign up for the 9:00 am - 10:15 am or 10:30 am - 11:45 am sessions.

DAY	DATE	TIME	FEE
Sat	12/3 - 2/11	9:00 - 10:15 am	\$65
Sat	12/3 - 2/11	10:30 - 11:45 am	\$65

LOCATION: SCC

REGISTRATION: Begins 9/1

LIMIT: 50 kids per session

Solon Little Hoop Stars Basketball Program

Offered by



and SOLON RECREATION

KINDERGARTEN AND PRE-K

**must be at least 4 years old*

Introductory basketball for boys and girls. Children learn the basics of dribbling, passing, shooting, and defense, utilizing fun drills designed to teach good fundamentals to such young children. Teams play a short scrimmage game at the end of each session.

COACHING:

All practices and instruction will be conducted by Jump Start Sports basketball staff coaches, but parents are welcome to assist in the coaching. One parent from each team will be designated as a Head Coach, but he or she will not be expected to plan or run the instruction. Jump Start Sports staff coaches will also supervise each game and/or scrimmage.

NOTE: All game play is for the purpose of instruction of team concepts. All players will be expected to display good sportsmanship at all times. All spectators will be expected to root for all players on both teams.

SESSION	DAY	DATE	TIME
Session I	Sat	11/5 - 12/17	12:15 - 3:15
Session II	Sat	1/21 - 2/25	12:15 - 3:15

**No class 11/26 (6 weeks)*

LOCATION: Solon Community Center Gymnasium

FEE: \$95 per session

includes team shirt and trophy

REGISTRATION: Easy and convenient online registration fee is only \$85 per session plus a nominal convenience fee at www.JumpStartSports.com

For more information, contact Rick Hart at 330-656-0090 or via e-mail at RHart@JumpStartSports.com.



Adult Open Hoops

ADULT 18 AND OVER

Open adult gym basketball will again be offered during the school year. This program is open to all Solon residents, and players that either work in Solon or have graduated from Solon High School. Organized "pick-up" games will be played at the Orchard Middle School Gym. SCC members are admitted free with CC pass. Open hoops will not be held when school is closed.

DAY	DATE	TIME	FEE
Wed	9/7 - 5/31	6:30 - 9:00 pm	\$3

**Fee is per session with identification*

RECREATION

Solon Home Days Closest-to-the-Pin Contest

Attention all golfers. Don't miss this opportunity to demonstrate your golf talent by participating in the Seventh Annual Solon Home Days Closest-to-the-Pin Contest sponsored by Grantwood Golf Course.

Golfers can purchase three shots for five dollars and take aim at the pin that will be no farther than 100 yards from the tee box. There is no limit as to how many shots an individual may purchase in the preliminary rounds. The top five golfers from each of the two preliminary rounds will be invited back to compete in the championship round.

Preliminary rounds are scheduled for Friday, July 29, from 6:30pm to 9:30pm, and Saturday, July 30, from 5:00pm to 8:00pm. The championship round is scheduled for Saturday, July 30, at 8:00pm.

Prizes will be awarded to the overall top five golfers.

Golfers can register on the day of the event. For additional information, call the Solon Recreation Department at 440-248-5747.



Homedays Duck Dash

The Solon Recreation Department invites Boys and Girls 3 - 5 years of age to join us for our annual Solon Home Days kids scramble.

Each child will have the opportunity to pick five ducks from inside our pond. Two "Grand Prize Winners" will be drawn. If you are interested in participating, waddle over to sign up at the Solon Community Center or call 440-248-5747. All participants will receive a goody bag to take home.



Kiwanis Club of Solon Pancake Breakfast Launches Home Days Saturday

In keeping with Solon Home Days tradition, the Kiwanis Club of Solon will kickoff Saturday's Home Days festivities with the Annual Home Days Pancake Breakfast. The Pancake Breakfast is scheduled for Saturday, July 30, from 8:30am-11:00am, and will be held in the Banquet Hall at the Solon Community Center located at 35000 Portz Parkway.

The breakfast, which includes pancakes, sausage, juice and coffee, costs \$7.00 for adults and \$3.00 for children ages 10 and under. Tickets are available at the door. Money raised at the breakfast is earmarked for the Kiwanis Club of Solon Scholarship Fund and various community programs.

For additional information about the Kiwanis Club of Solon, contact Doug Holub at (440) 248-1244.

Home Days Parade Sunday, July 31

The Solon Home Days Parade will travel through Solon neighborhoods to the amazement of on-lookers on Sunday, July 31.

The Solon Home Days Parade, which has "A Space Odyssey" theme, will assemble at the Arthur Road School and Orchard School parking lots starting at 11:00am and depart from Arthur Road School at 1:00pm. All parade participants are encouraged to decorate their respective floats in "A Space Odyssey" theme.

Parade units will travel on Arthur Road before turning right onto Solon Boulevard. Once on Solon Boulevard, parade participants will continue marching and throwing out candy until reaching Inwood Drive.

Parade units will turn right from Solon Boulevard onto Inwood Drive and continue traveling east to S.O.M Center Road in front of Solon High School. The parade will conclude at approximately 2:15pm upon reaching the driveway between the Solon Board of Education Building and Solon High School.

This year's parade features music, vintage cars, fire engines, Lolly the Trolley and many more units. Parade participants will throw candy and give out other promotional items to the adults and children along the parade route.

For additional parade information, contact the Solon Recreation Department at (440) 248-5747.



RECREATION

Activities

Progress With Chess

GRADES 1 - 4 & 5 - 8

Many studies have shown that chess playing improves higher level thinking skills such as memory, concentration and pattern recognition. No previous experience necessary - students start at their own level. Instructors will be provided by Progress With Chess, a non-profit organization which has initiated chess programs in over 50 Cleveland area schools and recreation centers. Students will learn basic rules and principles, tactical themes and check-mate patterns in a supportive setting. Sessions will include a healthy mixture of interactive lessons and supervised open play. Chess sets and written curriculum provided.

DAY	DATE	TIME	FEE
GRADES 1 - 4			
Thur	8/25-10/13	3:30 - 4:30 pm	\$90
Thur	10/20-12/15	3:30 - 4:30 pm	\$90
GRADES 5 - 8			
Thur	8/25-10/13	4:40 - 5:40 pm	\$90
Thur	10/20-12/15	4:40 - 5:40 pm	\$90

*No class 11/24

LOCATION: SCC

REGISTRATION: Now



Intermediate Foil Fencing

AGES BOYS AND GIRLS 8 AND UP

For individuals who have completed the Beginner Foil Fencing Class, the 7th & 8th parries will be added along with lateral and circular parries, offenses and penalties, and referee training. Students will learn proper stretching, footwork, lunges, attack, strategy, tactics, bouting and parry-riposte. Coach Nagy provides all necessary equipment.

DAY	DATE	TIME	FEE
Wed	8/31-10/5	7:30 - 9 pm	\$65
Wed	10/19-11/30	7:30 - 9 pm	\$65

*No Lessons 11/23

LOCATION: Solon Community Center

REGISTRATION: Session 1: Now through 8/26; Session 2: Now through 10/14

LIMIT: Minimum 6 / 24 Maximum

Beginner Foil Fencing

AGES BOYS AND GIRLS 8 AND UP

En-Garde...Come and join Tom Nagy, the Head Coach of the ON TARGET Fencing Team, in learning the fundamentals and techniques of Foil Fencing. Students will learn the proper aspects of stretching, footwork, lunges, attack, strategy, tactics, bouting and parry-riposte. Foil fencing has a positive effect and improves eye-to hand coordination, agility, dexterity and stamina. Education, safety and fun are key elements of the class. Coach Nagy provides all necessary equipment.

DAY	DATE	TIME	FEE
Wed	8/31-10/5	6 - 7:30 pm	\$65
Wed	10/19-11/30	6 - 7:30 pm	\$65

*No Lessons 11/23

LOCATION: Solon Community Center

REGISTRATION: Session 1: Now through 8/26; Session 2: Now through 10/14

LIMIT: Minimum 6 / 24 Maximum



RECREATION

Preschool Programs

Parent / Child Skating Lessons

AGES 2 - 5

Moms, do you want to get your kid moving...bring them to the Chagrin Valley Roller Rink for a Mom & Tot class. This 6-week class is for your little ones, 2-5 years old, where they will learn the basics of skating while getting exercise. A parent or guardian must accompany each child on the rink at each lesson, although the adult does not have to be on skates. If the parent does not choose to skate, please wear tennis shoes onto the rink. Rental skates are included in the price. If you have any questions, please call the CVRR at 440.247.4224. Lessons will be cancelled if Kenston, Solon, Aurora or Orange schools are cancelled due to weather.

Register at the SCC.

SESSION	DAY	DATE	TIME	FEE
Session 1:	Wed	9/21 - 10/26	1:30 pm - 2:15 pm	\$50
Session 2:	Wed	11/2 - 12/14	1:30 pm - 2:15 pm	\$50
Session 3:	Wed	1/11 - 2/15	1:30 pm - 2:15 pm	\$50
Session 4:	Wed	2/22 - 4/5	1:30 pm - 2:15 pm	\$50
Session 5:	Wed	4/12 - 5/17	1:30 pm - 2:15 pm	\$50

NO CLASS: 11/23, 3/29

LOCATION: Chagrin Valley Roller Rink

REGISTRATION: At the SCC now until 1 week prior to the start of the session.



Pre-school Open Gym

AGES 4 YEARS OLD AND YOUNGER

We are opening half of the Solon Community Center Gym just for caregivers and tots. Bring your little ones to play on our equipment and mats. Let them run around in our house instead of yours!

DAY DATE TIME
Mon & Wed 8/29 - 5/24 10 am - 12 pm

NO CLASS: 9/5, 10/3, 10/12, 11/23, 12/21-1/2, 1/16, 2/20, 3/27, 3/29 & 4/17

Halloween Party

AGES 3 - 5

This party will be held for preschoolers and their parents to come and enjoy some Halloween fun! Have your kids come dressed up in the Halloween costumes and participate in Halloween games and crafts. Spooky Halloween snack will be provided during the party. *Parents stay*

DAY DATE TIME FEE
Tues 10/25 10 - 11:30 am \$5

LOCATION: SCC Class Room

LIMIT: Maximum 20

Future Scientists

AGES 3 - 5

FUTURE SCIENTISTS is where children question, challenge and examine their world with excitement and hands-on activities! Each class, students experiment, analyze, predict, and make a project emphasizing the topic. Taught by FUTURE SCIENTISTS trained and certified teachers.

Session 1: Grabbing Gravity and Igniting Inertia, Creating Chemistry, Adhesion and Cohesion, Delving Into Dirt, The Wonders of Age

Session 2: Animal Organs, Silly Separating Science, Germy Germs and Biting Bacteria, Water Works, Sensational Senses

Session 3: Moving Moon and Extraordinary Earth, Animal Genes and Heredity, Rocky Rocks and Erupting Volcanoes, Simple Machines, Moving Matter

Session 4: What is GREEN SCIENCE?, Marvelous Magnets, Science in the Kitchen, Beautiful Bugs, Animating Animals

Session 5: Simply Skeleton, Sizzling Seasons, Save the Wetlands and Rainforests, Wonderful Weather, Satellite Science

SESSION	DAY	DATE	TIME	FEE
Session 1:	Thurs	9/15 - 10/13	10:00 am - 10:45 am	\$57.50
Session 2:	Thurs	10/27 - 12/1	10:00 am - 10:45 am	\$57.50
Session 3:	Thurs	1/19 - 2/16	10:00 am - 10:45 am	\$57.50
Session 4:	Thurs	3/2 - 4/6	10:00 am - 10:45 am	\$57.50
Session 5:	Thurs	4/27 - 5/25	10:00 am - 10:45 am	\$57.50

NO CLASS: 11/24, 3/30

LOCATION: SCC Meeting Room

REGISTRATION: Now - one week prior to start date

LIMIT: Minimum 5 / Maximum 12



RECREATION

Youth Programs

Beginner Skating Lessons

GRADES K - 5

This class is for all youngsters, Kindergarten through fifth grade, who want to learn how to roller-skate or roller-blade. The Chagrin Valley Roller Rink offers a 6-week program consisting of 5 classes that will teach you all the basics and 1 party day at the end where you can bring a friend for a minimal charge. Rental skates are included in the fee for this class. Call the CVRR with any questions at 440.247.4224. Lessons will be cancelled if Kenston, Solon, Aurora or Orange schools are cancelled due to weather.

Register at the Solon Community Center.

SESSION	DAY	DATE	TIME	FEE
Session 1:	Wed	9/21 - 10/26	4:30 pm - 5:15 pm	\$50
Session 2:	Wed	11/2 - 12/14	4:30 pm - 5:15 pm	\$50
Session 3:	Wed	1/11 - 2/15	4:30 pm - 5:15 pm	\$50
Session 4:	Wed	2/22 - 4/5	4:30 pm - 5:15 pm	\$50
Session 5:	Wed	4/12 - 5/17	4:30 pm - 5:15 pm	\$50

*NO CLASS 11/23, 3/29

LOCATION: Chagrin Valley Roller Rink

REGISTRATION: At the SCC now until 1 week prior to the start of the session.

Future Scientists

GRADES K - 2

FUTURE SCIENTISTS is where children question, challenge and examine their world with excitement and hands-on activities! Each class, students experiment, analyze, predict, and make a project emphasizing the topic. Taught by FUTURE SCIENTISTS trained and certified teachers.

Session 1: Grabbing Gravity and Igniting Inertia, Creating Chemistry, Adhesion and Cohesion, Delving Into Dirt

Session 2A: (1st 4 week session): The Wonders of Age, Animal Organs, Silly Separating Science, Germy Germs and Biting Bacteria

Session 2B: (2nd 4 week session): Water Works, Sensational Senses, Animal Genes and Heredity, Nurturing Nutrition and Healthy Heart

Session 3: Moving Moon and Extraordinary Earth, Solar Power, Rocky Rocks and Erupting Volcanoes, Simple Machines, Moving Matter

Session 4: What is GREEN SCIENCE?, Marvelous Magnets, Science in the Kitchen, Beautiful Bugs Animating Animals

Session 5: Simply Skeleton, Sizzling Seasons, Save the Wetlands and Rainforests, Wonderful Weather, Satellite Science

SESSION	DAY	DATE	TIME
Session 1:	Mon	8/22 - 9/26	3:30 pm - 4:15 pm
Session 2A:	Mon	10/17 - 11/14	3:30 pm - 4:15 pm
Session 2B:	Mon	11/21 - 12/12	3:30 pm - 4:15 pm
Session 3:	Mon	1/9 - 2/13	3:30 pm - 4:15 pm
Session 4:	Mon	3/6 - 4/6	3:30 pm - 4:15 pm
Session 5:	Mon	4/10 - 5/15	3:30 pm - 4:15 pm

*NO CLASS: 9/5, 9/12, 10/31, 1/16, 2/20, 3/27

FEE: Sessions 1 - 2: \$46 per child (4 week session)

Sessions 3 - 5: \$57.50 per child (5 week session)

LOCATION: SCC Meeting Room

REGISTRATION: At SCC now until one week prior to start date

LIMIT: Minimum 5 / Maximum 12

Children's Dining Etiquette

AGES 8-15

Children will learn dining etiquette in a fun and interactive way: how to set a table from start to finish, table manners and etiquette, American style of dining and Continental style of dining, proper introductions, posture, the napkin, proper way to utilize utensils, passing of the food, dining conversation, being excused from the table, and complementing the Chef. All students will receive an Etiquette Factory "Set Right" place mat! Space is limited. *Register at the Solon Community Center.*

DATE: Saturday, October 22, 2016

TIME: 11:00am-1:00pm (12:30-1:00

brunch to practice what was learned)

LOCATION: Burntwood Tavern in Solon

FEE: \$45.00 per person

REGISTRATION: End Date Wednesday,

October 19, 2016

LIMIT: Maximum 25



RECREATION

Wellness Services

Personal Training: Certified trainers will design a fitness program specific to your goals and needs. Whether just starting out or ready to take your program to an advanced level, personal training will help you achieve optimal health and performance.

Fitness Assessment: This comprehensive assessment will evaluate cardiovascular endurance, blood pressure, muscular strength, flexibility, body composition and posture. Your Fitness Report will determine your baseline fitness and health status.

Body Composition: Assessments for weight, height, circumference and skinfolds will be taken to determine your body mass index, waist to hip ratio and body fat percentage. Your report will provide recommendations and health risk appraisal information.

Nutritional Consultation: Our registered dietitian will help you establish healthy eating patterns, nutritional assessments, calculation of calories, personalized nutritional plans, portion control, label reading and other helpful strategies. Use a session to meet at the grocery store for hands on guidance of healthy food selections. Nutritional counseling will give you the tools for a healthier lifestyle.

Metabolic Testing: Have your resting metabolic rate (RMR) accurately measured using the MedGem indirect calorimeter analyzer, and learn how to determine your caloric input.



FITNESS ROOM ORIENTATION CLASSES

Youth Fitness Certification Class: This FREE 90-minute class is designed to teach kids age 11 through 13 to use the fitness room equipment safely and properly. Exercise guidelines appropriate for this age group are also discussed. Certification must be completed prior to using any equipment in the fitness room and must be accompanied by an adult at all times. Certificates are issued upon completion.

Fitness Room Orientation Class:

Sign up for this FREE class offered to patrons ages 14 and up as a basic introduction to the cardio and strength training equipment, as well as guidelines for exercise, proper techniques and set up of machines and basic equipment function.



ASK THE TRAINER

Have a question about your fitness or nutrition goals? Ask your friendly Wellness Services Staff! Free assessments for blood pressure, body composition and flexibility are also offered. Stop by the Community Center lobby to talk to our Certified Personal Trainers and Dietitians during the times listed below.

DAY DATE TIME

Push Up Challenge

Sat 7/9 8:30 am - 10:30 am

Thurs 7/14 6:00 pm - 8:00 pm

Plank Challenge

Thurs 8/4 6:00 pm - 8:00 pm

Sun 8/14 8:30 am - 10:30 am

Healthy School Lunches

Sat 9/3 10:00 am - 12:00 pm

Wed 9/14 6:00 pm - 8:00 pm

AFFORDABLE SMALL GROUP TRAINING

Swim Technique: Improve your swim stroke and speed with this combination class of both technique instruction and fitness training. Individual feedback and drills will be recommended to improve stroke efficiency within the eight classes. LEVEL: Intermediate to Advanced DAY: Friday TIME: 9 - 10 am FEE: \$65 (8 classes) \$55 if you register 3 days prior to a session *No drop-ins

50's Fusion: If you are looking for a total body workout including strength, balance and flexibility while protecting your joints then this class is for you. Geared towards ages 50 to 60.

LEVEL: Beginner/Intermediate

DAY: Thursday

TIME: 3:30 - 4:30 pm

FEE: \$65 (8 classes) \$55 if you register 3 days prior to a session \$9 drop-in fee

*Call for class dates

TRX Training: The TRX System is here and offers suspension full body training to build power, strength, flexibility, and balance - all with the use of a cutting-edge training tool of suspension straps. Change the way you train and make your body your machine!

LEVEL: Intermediate/Advanced

DAY: Friday & Sunday

TIME: 9 - 10 am

FEE: \$65 (8 classes) \$55 if you register 3 days prior to a session \$9 drop-in fee

*Call for class dates

RECREATION

Wellness Services

WELLNESS SERVICES PRICE LIST

Personal Training	Individual	Couple(2)	Group(3-5)
Single Session	\$45	\$35 each	\$25 each
5 Session Package	\$210	\$160 each	\$115 each
10 Session Package	\$390	\$290 each	\$210 each
20 Session Package	\$680	\$480 each	\$380 each

***Packages include a FREE Fitness Assessment**

Fitness Assessment	\$45
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***Free with the purchase of any Personal Training Package (not included in the price of a single session)**

Body Composition Assessment	\$20
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Nutritional Consultation

Single Session	\$45
3 Session Package	\$130
5 Session Package	\$210

***Packages include a FREE Medgem Metabolic Test**

Medgem Metabolic Test	\$45
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***Free with the purchase of any Nutritional Consultation Package (not included in the price of a single session)**

Combination Packages -Train and Trim

Basic Package	\$255
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3 personal training sessions + 3 nutritional consultations

***Includes FREE Fitness Assessment and Medgem Metabolic Test**

Ultimate Package	\$395
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5 personal training sessions + 5 nutritional consultations

***Includes FREE Fitness Assessment and Medgem Metabolic Test**

Ultimate Assessment	\$85
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Fitness Assessment +Medgem Metabolic Test

For more info or to make an appointment call the Fitness Coordinator, (440)248-5747 ext. 2125.

All appointments require a minimum of 24 hour notice for cancellation. Gift Certificates available.

For more information on any of these fitness programs, call (440)248-5747 or stop by the Community Center to register!

Blood Pressure Screenings

AGES 18 AND UP

Come and get a gauge of your health when the Solon Recreation Department and the Cleveland Clinic – Solon Family Medical Center offer FREE blood pressure screenings.

DAY	DATE	TIME
Mon	7/18, 8/15, 9/19, 10/17, 11/21	6 - 8:00 pm

FEE: FREE

LOCATION: Solon Community Center Lobby

American Red Cross Blood Drive

AGES 12 AND UP

Come and give the gift of life by donating blood at the American Red Cross Blood Drive. To register for the blood drive, please call the American Red Cross at 1-800-733-2767.

DAY	DATE	TIME
Sat	7/9, 8/6, 9/3, 10/1, 11/12, 12/3	9:00 am - 2:00 pm

LOCATION: Solon Senior Center Community Rooms

CPR & AED Training

AGES 18 AND UP

As part of our “Building Lifesaving Communities” Initiative and in partnership with Mayor Susan Drucker, University Hospitals Ahuja Medical Center is offering a free CPR/AED training class for City of Solon staff and the community. The prompt delivery of cardiopulmonary resuscitation (CPR) and the use of an automated external defibrillator (AED) by a trained individual can significantly increase a person’s chance of survival. CPR and AED administration techniques are beneficial skills to have - at home, at work and in public places.

DAY	DATE	TIME
Mon	8/8	5:00 - 9:00 pm
Tues	11/22	5:00 - 9:00 pm

LOCATION: Solon Community Center Banquet Hall

REGISTRATION: for 8/8 register by 8/3
for 11/22 register by 11/17

To register for either class, please contact Barbara Rude at University Hospitals at: Barbara.rude@UHhospitals.org

RECREATION

Solon Recreation Fall Learn to Swim

SWIM LESSONS ARE ONLY OPEN TO SOLON RESIDENTS

Bring your membership card or proof of residency to registration. You will not be permitted to register without proof of residency. No phone or early registrations will be taken. You may only register your own children. Registration is not complete, nor guaranteed, until payment is received. You may only register for one swim session prior to August 22. After August 22 you may contact Carol Kus at the SCC (440-337-1431) about available openings.

REGISTRATION TIMES:

SAT., AUG 13 8:00 am - 11:00 am

LOCATION: SOLON COMMUNITY CENTER

FEES: Resident SCC Members

8 Lessons \$40

Resident Non-Members

8 Lessons \$45

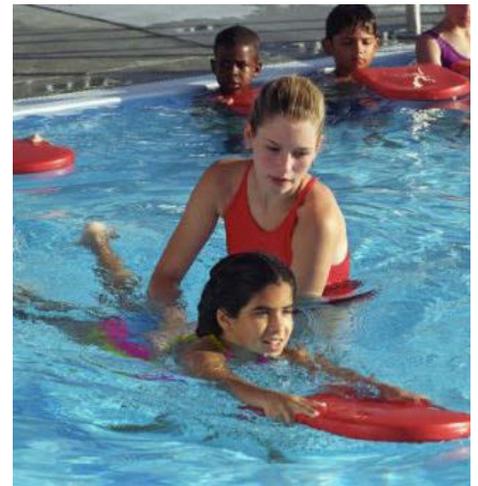
Learn to Swim Levels / Skills included in level (this is not a complete list of skills)

Learn-to-Swim Level 1: Introduction to Water Skills	Enter/Exit pool, blow bubbles, put face in water, front and back float	Must be 4 years of age
Learn-to-Swim Level 2: Fundamental Aquatic Skills	Floating independently, begin a swimming stroke using arms and legs, jumping in	Must be 4 years of age and have completed level 1
Learn-to-Swim Level 3: Stroke Development	Front crawl, elementary, backstroke, rotary breathing, treading water, survival floating	Must be 5 years of age and have completed level 2
Learn-to-Swim Level 4: Stroke Improvement	Become proficient in front crawl, backstroke, breaststroke, butterfly	Must have completed level 3
Learn-to-Swim Level 5: Stroke Refinement	Refine all six strokes, diving, flip turns	Must have completed level 4
Learn-to-Swim Level 6: Swimming and Skill Proficiency	Fitness swimming, Personal Water Safety, Fundamentals of Diving <i>Swim skills are the same for all 3 units, extra skills are different</i>	Must have completed level 5
Parent / Child: 6 months - 3 years of age	Water exploration and swimming readiness skills	Parent must be with child in the water. If child is not toilet trained, swim diapers are required.

**** LEVEL 6 CLASS WILL BE THE FITNESS SWIMMING UNIT**

Goggles are permitted during lessons for Level 2 and up. No mask covering the nose is permitted.

The schedule does not allow for make-up classes. When possible, classes cancelled due to weather will be made up by adding time to the remaining swim classes.



Fall Schedule

OPEN SWIM

Please note new times this school year

Monday - Thursday 3:30pm - 4:30pm
6:30pm - 8:00pm
Friday 3:30pm - 8:00pm
Saturday 12:00pm - 5:30pm
Sunday 12:00pm - 5:30pm

On weekdays when there are no swim lessons scheduled the pool will open at 3:30pm.



ADULT LAP SWIM

Monday - Friday 5:30am - 9:00pm
Saturday and Sunday 8:00am - 5:30pm



ADULT & TODDLER

Mon., Wed., & Fri. 10:00am - 12:00pm
Tues. & Thurs. 11:00am - 1:00pm

**Toddler Swim will be cancelled on days that Solon Schools are scheduled to be closed. We will hold toddler swim on snow days. Child must be accompanied in the water by an adult. The play feature will be turned on during the last 1/2 hour.*

RECREATION

Water Exercise

For a complete listing of Fall Water Exercise Classes please go to www.solonohio.org. They are listed in the Recreation Aquatics Schedules section under Water Exercise.

Solon Community Center

School Year Water Exercise Classes

August 15, 2016 - June 1, 2016

DAY	CLASS	INSTRUCTOR	TIME
MON.	Water Jogging	Paula	8:30am
	Silver Splashes	Paula	9:30am
	Watercise	Lynn	10:20am
TUES.	Watercise	Lynn	9:00am
WED.	Water Jogging	Paula	8:30am
	Silver Splashes	Paula	9:30am
	Watercise	Lynn	10:20am
THURS.	Watercise	Lynn	9:00am
*Breakfast Club after			
FRI.	Water Jogging	Paula	8:30am
	Silver Splashes	Paula	9:30am
SUN.	Water Jogging	Paula	11:15am

LOCATION: Solon Community Center

Please note classes can change without notice.

Community Center members may pay a drop in fee of \$5 per class or purchase a class pass for \$3 per class. Solon residents who are not members pay \$5 per class plus the Community Center drop in fee for each class. Silver splash class is open only to Silver Sneakers members. Picture ID is required if you are not a member. Call the Solon Community Center for more information.



American Red Cross Lifeguard Certification

The Solon Recreation Department is offering the American Red Cross Lifeguard Training Course. This version contains the latest science in First Aid, CPR for the PR, AED, emergency cardiovascular care (ECC), rescue skills and safety protocols. This improved course will help potential lifeguards to concentrate on the basic skills and rescue situations that are most likely to occur on the job.

** Those interested in obtaining their lifeguard certification for the purpose of lifeguarding at the Community Center, please apply for employment and make a note that you are enrolled in the Spring Lifeguard Class.

ATTENDANCE AT ALL CLASSES IS MANDATORY

DAY	DATE	TIME
Sun	9/18	3:00 - 6:00 pm
Sun	9/25	12:00 - 6:00 pm
Sun	10/2	12:00 - 6:00 pm
Sun	10/9	12:00 - 6:00 pm
Sun	10/16 CPR PR	9:00 - 5:00 pm
Sun	10/23 TEST DAY	3:00 - 6:00 pm

AGES: 15 years old or older by the last class

LOCATION: SHS Pool

FEE: \$185 Solon Residents and

Solon Community Center Members

\$240 Non-Residents

REGISTRATION: On or after 7/9



BLUE RIBBON



The mission of the Solon Blue Ribbon Adapted Recreation Program is to provide high quality community based recreation and leisure activities for persons with developmental disabilities, enabling each to enhance his or her personal potential by sharing in the emotional, social, and physical benefits fostered by such community based activities.

Blue Ribbon programs are open to non-Solon residents as well as residents. Register at the Solon Community Center between 6:00 a.m. and 7:00 p.m. (weekdays) and 8:00 a.m. and 5:30 p.m. (weekends) at 35000 Portz Parkway, Solon, OH 44139, or a mail in registration form can be found at the website: www.solonohio.org. Click on Community Life (bike icon) on the home page, then "Recreation" on the left of screen, then "Blue Ribbon Programming". Please allow enough time prior to registration deadline for mail in registration. For more information, contact Linda Creviston at 440-337-1427 or lcreviston@solonohio.org.

In order to obtain the most up to date programming information, it is highly recommended to subscribe to our "Notify Me" email list(s). Just go to the www.solonohio.org website, click on "Notify Me" (envelope logo) on the left of the home page, and follow the directions to subscribe to Blue Ribbon Recreation Participants and/or Blue Ribbon Recreation Volunteers.

Solon Home Days

ALL AGES

Current Blue Ribbon Recreation program participants and immediate families can enjoy select rides at Solon Home Days before the event opens, followed by a hamburger and hot dog picnic meal from 4 -5 pm. Wristbands must be worn to gain entrance to Home Days. A responsible adult must accompany those needing assistance/supervision.

DAY	DATE	TIME		FEE
Fri	7/29	3-4 pm	Rides	Free
		4-5 pm	Picnic	

LOCATION: Pick up your wristbands at the Picnic Pavilion directly east of Solon Home Days. Parking available in Portz Parkway parking lot.

REGISTRATION: Through 7/22. Email lcreviston@solonohio.org or call 440-337-1427 to reserve required wristbands.

Lake County Captains Game

AGES 16 AND OVER

Watch the Captains, single-A affiliate of the Cleveland Indians, as the players vie for a spot in the big leagues. A terrific fireworks display follows the game. Bring along money if you wish to buy souvenirs and/or concessions. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	8/6	6 - 10:30 pm	\$14

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 7/15

LIMIT: Minimum 6 / Maximum 11

Swim Party

ALL AGES

Come join us for a late summer celebration by swimming, splashing, and pizza partying. Bring your suit and towel for an evening of fun with your friends, new and old, while cooling off in the pool.

DAY	DATE	TIME	FEE
Fri	8/12	6 - 8 pm	\$8

LOCATION: Solon Community Center Outdoor Pool, 35000 Portz Parkway, Solon

REGISTRATION: Through 7/29

LIMIT: 15 Minimum / Maximum 60

Serendipity Dance presents Dance Movement Classes

AGES 7 AND OVER

Siblings, parents, grandparents are also welcome to register. This class is also great for people with ADHD, the start of Parkinson's and early onset dementia. See our website at www.serendipitydancemovement.com to see the benefits of dance. Our class will include dances such as Merengue, Salsa, Indian Classical, Bollywood, Lyrical, Cha Cha, Rumba and East Coast Swing. Dance is a great way to exercise and have fun at the same time. Our goal is to have fun and stay healthy in mind and body. Participants should wear comfortable clothes

SESSION	DAY	DATE	TIME	FEE
Session I	Sat	8/13-9/24	12:30-1:15	\$60
Session II	Sat	10/8-11/12	12:30-1:15	\$60

NO CLASS: 9/3

DAILY DROP IN FEE: \$12

LOCATION: Solon Community Center Upstairs Aerobics Room

REGISTRATION: Through 7/29 & 9/23

LIMIT: Minimum 5 / Maximum 15

BLUE RIBBON

Events

Fairport Harbor Marine Museum & Lighthouse / Picnic & Play on the Beach

AGES 16 AND OVER

A sandwich and sides picnic will be provided when we arrive at the Fairport Harbor Beach. Then we'll spend some time hangin' out. Bring your towel and swim suit and even your beach chair/ beach ball for some fun in the sun. We will have a guided tour of the museum and then up the 69 step spiral staircase to the 60 ft tall lighthouse observation deck. There is a gift shop at the museum and concessions at the beach. Transportation is provided. Bring along cash/credit if you wish to make purchases at the gift shop and/or concessions.

DAY	DATE	TIME	FEE
Sat	8/20	1 - 6:00 pm	\$20

LOCATION: Meet at Solon Community Center Lobby
REGISTRATION: Through 8/5
LIMIT: Minimum 6 / Maximum 11

Stearn's Homestead

AGES 14 AND OVER

Tour the 48 acre working, educational farm; complete with a Yankee barn loaded with antiques and historic items, several historic museum houses, a Farmer's Market, and a country store. Transportation is provided

DAY	DATE	TIME	FEE
Sat	8/27	10:30 am - 2:30 pm	\$4

Bring along \$5 for admission and any money that you wish to spend at the Farmer's Market and Country Store.
LOCATION: Meet at Solon Community Center Lobby
REGISTRATION: Through 8/12
LIMIT: Minimum 6 / Maximum 11

Like us at



www.facebook.com/solonblueribbon

Beaver Marsh & Szalay's Farm and Market

AGES 14 AND OVER

We will witness the incredible plant and wildlife of Beaver Marsh, as we hike on the Ohio & Erie Canal Towpath in the Cuyahoga Valley National Park. After, a stop at Szalay's for an amazing variety of fruits and vegetables fresh from the fields, an abundance of delicious local home-made goodies and an outdoor eatery for a grilled sandwich snack. Bring along any money that you wish to spend at Szalay's. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	9/3	12:30 - 4:30 pm	\$5

RAIN DATE: Sunday, 9/4

LOCATION: Meet at Solon Community Center Lobby
REGISTRATION: Through 8/19
LIMIT: Minimum 6 / Maximum 11



Walking

AGES 14 AND OVER

Let's get together for some robust walking as we explore trails in our surrounding local parks. We will track our distance and recognize the total miles that everyone achieved. Transportation is provided.

DAY	DATE	TIME	FEE
Tues	9/6-10/11	6:00-7:30 pm	\$10

NO CLASS: 9/13

LOCATION: Meet at Solon Community Center Lobby
REGISTRATION: Through 8/19
LIMIT: Minimum 6 / Maximum 11

Basketball

AGES 12 AND OVER

Want to learn the fundamentals of basketball while having a really great time? Coming back for a fourth year of head coaching is Tom Heines, straight from Empower Sports. Under his direction, you will have the opportunity to improve your basketball techniques and strategies through a series of drills and scrimmages focused on developing skills and giving every participant the opportunity to play in a game situation.

DAY	DATE	TIME	FEE
Mon	9/12-10/24	7 - 8:15 pm	\$35

LOCATION: Solon Community Center Gym 35000 Portz Parkway, Solon
REGISTRATION: Through 9/2
LIMIT: Minimum 12 / Maximum 30

The World of Books

AGES 15 AND OVER

Join Dr. Lisa Audet for an opportunity to enjoy shared readings, story writings, and the world of books. Each session will be customized to the levels of the participants so that everyone participates and has the opportunity to expand their enjoyment of books in hand, on CD's, and to create an original story. Participants will actively prepare and engage in activities related to book themes. Dr. Audet has over 30 years of experience in the field of speech, language and behavior, with specialty in autism spectrum and related disorders. She is an Assistant Professor of Speech Pathology at Kent State University and is the owner of Communication & Learning Consultation Services. Participants should bring favorite books in any media format. Other materials will be provided.

SESSION	DAY	DATE	TIME
Session I	Mon	9/12-10/17	3:30-5 pm
Session II	Mon	10/24-12/5	3:30-5 pm

NO CLASS: 11/21

FEE: \$78 (each session)

LOCATION: Solon Community Center meeting room
REGISTRATION: Through 9/2 & 10/14
LIMIT: Maximum 10

BLUE RIBBON

Events

YogaReach

AGES 13 AND OVER

YogaReach is offering an exciting yoga/movement program. Our classes are designed to inspire and empower participants in a safe and cultivating environment. Discover ways to feel strong, flexible, and healthy. Family & friends are also welcome to register. Meet new friends....and have FUN!!

Instructors: Char Grossman, Therapeutic Yoga Specialist and YogaReach Team Members. (yoga-reach.org).

SESSION	DAY	DATE	TIME
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Session I	Mon	9/19-10/24	6:30-7:30pm
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Session II	Mon	11/7-12/12	6:30-7:30pm
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FEE: \$64 per session

DAILY DROP-IN FEE: \$12

LOCATION: Solon Community Center meeting room, 35000 Portz Parkway, Solon

REGISTRATION: Through 9/9 & 10/28

LIMIT: Minimum 6

Karaoke

AGES 14 AND OVER

Come sing, dance, eat and be merry. Our amazing DJ, Denise Formica, will be serving up the best music jams anywhere and we'll experience the awesome talents of our karaoke singers. A full dinner will be served.

DAY	DATE	TIME	FEE
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Fri	9/23	6:30-9 pm	\$10
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Fri	11/18	6:30-9 pm	\$10
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LOCATION: Solon Community Center Banquet Room

REGISTRATION: Through 9/9 & 11/14

LIMIT: Maximum 150

Lakewood Park/Solstice Steps

AGES 14 AND OVER

We'll walk the park on our way to experience the new Solstice Steps, the quietly spectacular lakefront amenity. The Steps are a 2.1 million dollar project that lines the cliff with steps, continuing down to a lower promenade near water level. Bring your lunch, including a beverage, and we'll eat while overlooking our Great Lake Erie. Transportation is provided.

DAY	DATE	TIME	FEE
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Sat	10/1	12:30 – 3:45 pm	\$4
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RAIN DATE: Sunday, 10/2

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 9/16

LIMIT: Minimum 6 / Maximum 11



Hiking with a Purpose

AGES 14 AND OVER

Have fun, hike our beautiful surrounding park system, and in the meantime, engage in the quest to find hidden caches, waiting for your discovery. We'll use hand held GPS technology to aid in our search. The Blue Ribbon Geocachers are becoming cache finding experts and invite you to join us. www.geocaching.com. Transportation will be provided to and from the Solon Community Center.

DAY	DATE	TIME	FEE
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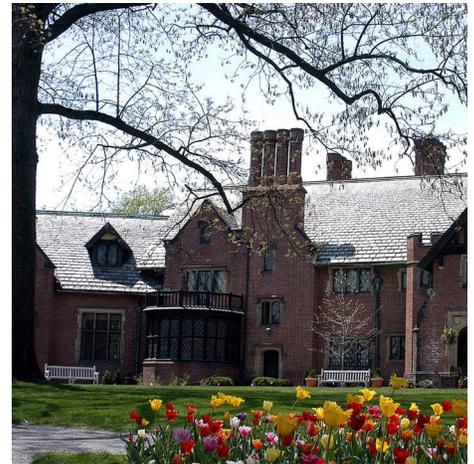
Sat	10/8	12:30-2:30 pm	\$5
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RAIN DATE: Sun 10/9

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 9/23

LIMIT: Minimum 4 / Maximum 10



Stan Hywet Hall & Gardens

AGES 14 AND OVER

Join us for a guided tour of the Manor House, which was the home of F.A. Seiberling and his family, who was the co-founder of Goodyear Tire and Rubber Company. The history of its construction is phenomenal, the design and architecture is amazing and we will see a vast array of priceless furnishings and treasures from the past. Bring along money if you wish to have a snack at the Café on the grounds. Transportation is provided.

DAY	DATE	TIME	FEE
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Sat	10/15	12:30 – 4:30 pm	\$18
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LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 9/23

LIMIT: Minimum 6 / Maximum 11

Halloween Party

AGES 14 AND OVER

Celebrate Halloween with us! We're pleased to announce that Curt Riddle of CR Entertainment (of Fun Fest notoriety) will be your DJ for the evening, complete with some special spooky effects. Make sure to wear your Halloween costume and be ready to dance the night away!! Dinner will feature chicken parmesan, pasta and salad.

DAY	DATE	TIME	FEE
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Fri	10/21	6:30-9:00 pm	\$12
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LOCATION: Solon Community Center Banquet Room, 35000 Portz Prkwy, Solon

REGISTRATION: Through 10/14

LIMIT: Minimum 30 / Maximum 100

BLUE RIBBON

Events

Women's Air and Space Museum & Dessert at the Melting Pot

AGES 16 AND OVER

Join us for a guided tour of the museum's collection of artifacts, photographs, articles, textiles, art work and paper items relating to the history of women in aviation and space exploration. We will then indulge in chocolate fondue creations, served at The Melting Pot. Transportation is provided. Bring cash/credit for the Melting Pot.

DAY	DATE	TIME	FEE
Sat	10/29	12:30 – 4:30 pm	\$8

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 10/10

LIMIT: Minimum 6 / Maximum 11



Indian Museum of Lake County & Crepes

AGES 14 AND OVER

Witness the vast array of artifacts used by the Whittlesey people, the last group of Native Americans to live in this area before the arrival of the Europeans. This is a great follow-up to our hike last May at Indian Point, where a tribe of the Whittlesey culture lived. We will conclude our trip with a sweet treat at Crepes in the City. (willoughbycrepes.com) Transportation is provided.

DAY	DATE	TIME	FEE
Sat	11/12	1:15 – 4:45 pm	\$6

Bring cash/credit to purchase your crepes

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 10/28

LIMIT: Minimum 6 / Maximum 11



Gingerbread House Building

AGES 14 AND OVER

You are invited, as a part of the Blue Ribbon team, to build and decorate our very own gingerbread house(s) for the 13th annual Gingerbread contest and display, becoming a special part of GLOW, located during the holidays at the Cleveland Botanical Gardens. At a later date, we will then travel to the Cleveland Botanical Gardens to view all entries and tour the gardens. Transportation is provided. Gingerbread House Building

DAY	DATE	TIME
Thurs	11/3 – 11/17	6:30 – 7:30 pm
Sun	12/11	12:30 – 4:00 pm

FEE: \$20

Bring along cash/credit (amount to be determined) for admission to Botanical Gardens.

LOCATION: Meet at Solon Community Center Meeting Room

REGISTRATION: Through 10/14

LIMIT: Minimum 4 / Maximum 6

Backstage Playhouse Square Tour & Lunch

AGES 16 AND OVER

You are invited to take part in a very interesting tour, lasting about 90 minutes and including views and history of the lobbies, auditoriums and backstage areas throughout Playhouse Square Theatre District. We'll stop off at DiBella's for a sub sandwich on the way home. Transportation is provided. Bring cash/credit for lunch.

DAY	DATE	TIME	FEE
Sat	11/5	9:30 am – 2:00 pm	\$7

RAIN DATE: Sunday, 11/13

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 10/21

LIMIT: Minimum 6 / Maximum 10

Everyone Wins Basketball, brought to you by Tom Heines and EMPOWER SPORTS, will teach participants how to play an organized basketball game with an emphasis on following rules, sportsmanship, being a good teammate and enjoying the game. For games, high school teams will be brought in from around northeast Ohio. These groups will be given instruction to facilitate opportunities for our players to succeed in the game. The teams will be integrated to give our group the chance to play alongside and not against the visiting teams. The program will run Mondays, 11/14 - 11/28, 6:00 - 7:30 pm at Solon Community Center Gym.

Register through EMPOWER SPORTS online: www.empowersports.org. Call at 216-400-8598 for more information.

Like us at



www.facebook.com/solonblueribbon

ACTIVE ADULTS & SENIORS



Bingo and Lunch

DAY	TIME	FEE
Monthly	12:00 pm	\$5

Brainercise

Exercise your brain with non-computerized games. *Supported by Family Tree Home Care*

DAY	TIME	FEE
3rd Wed	1:00 pm	FREE

Book Discussion at SSC

Lively discussion facilitated by librarians from the Solon Public Library. Books are on reserve at the library or can be picked-up for the next month on discussion day.

DAY	TIME	FEE
4th Tues	10:30 am	FREE

Cooking Demos

Cooking demonstrations and samplings. *Coordinated by Home Instead Senior Care*

DAY	TIME	FEE
3rd Thurs	1:00 pm	\$2

Current Events

Share views on local, state and national issues.

DAY	TIME	FEE
2nd & 4th Fri	10:30 am	FREE

Movie Madness

Enjoy a movie and popcorn. Movies are shown throughout the month.

DAY	TIME	FEE
Varies	Varies	\$2

Card Playing

Pinochle, Poker and more...
 Mondays: Pinochle, Maj, Bridge
 Tuesdays: International Rummy, Poker
 Thursdays: International Rummy (1st & 3rd), Poker, Bridge (eve)
 Friday: Bridge (eve)

Life Writing

Share your lifetime of experiences.

DAY	TIME	FEE
2nd Tues	10:00 am	FREE

Mah-Jongg

Are you a beginner? Not a problem. Mary Triest will teach you how to arrange your tiles into a winning hand. More advanced? Join in at another table.

DAY	TIME	FEE
Mon	12:00 pm	FREE

Men's Discussion Group

Share in this robust discussion about people, jobs and things that have influenced you.

DAY	TIME	FEE
4th Thurs	12:30 pm	FREE

Solon Senior Chinese Group

Join other local Chinese Seniors for socialization, cards and dance.

DAY	TIME	FEE
Wed	11:00 am	FREE

Tell Me Your Story

Join this group that shares techniques for recording vignettes from your past.

DAY	TIME	FEE
2nd Tues	10:30 am	FREE

Tea with the Mayor

Join Mayor Susan Drucker and other Solon seniors for an informal discussion.

The World in Your Backyard

This new and exciting program will teach you about the diverse cultures of your neighbors in Solon and Northeast Ohio. Enjoy tastes of the ethnicity discussed.

DAY	DATE	TIME	FEE
Tues	7/19	2:00 pm	\$2
Thurs	8/4	2:00 pm	\$2

Supported by International Community Council (ICC) & Worldwide Intercultural Network (WIN)



Community Life Programs

assist older adults in remaining healthy and independent in the Solon Community. The Department of Senior Services offers the following programs:

- Van Transportation • Social Work Consultation • Health Screenings
- Alzheimer & Parkinson Support Groups • Food Assistance
- Personal Emergency Response Systems • Connect4Seniors Chore Referral Program • Senior Rubbish Collection • Senior Snowplowing
- Morning Sunshine Calls

Contact the Senior Center at (440) 349-6363 for program specifics.

ACTIVE ADULTS & SENIORS

Events

15th Annual Senior Olympics

Compete in age-group events of your choice: Bocce, Chair Volleyball, Shuffleboard, Cornhole, Putt-Putt Golf, Bowling & Basketball Free Throw

DATES: September 12-16 & 19-23

COST: \$18 includes t-shirt, continental breakfast, picnic lunch & victory luncheon.

REGISTRATION: Packets will be available starting Monday, August 1 at the SSC.



Annual Senior Wellness Expo and Soup & Chili Cook-Off

Health screenings, information booths, ACT II performance, giveaways and flu shots, which may be covered by insurance. Provided by UH Bedford Senior Network

DATE: Wednesday, September 28

TIME: Health Fair 9:00 am - 11:00 am

FEE: FREE

Soup & Chili Cook-Off 11:30 am - 1:00 pm

FEE: \$4

EXCURSIONS

Travel to local and regional attractions as well as casinos, restaurants, performing arts and sporting events, shopping and more. Excursions happen throughout the month; refer to the Senior Newsletter for additional trips.

Put-n-Bay

Take the Jet-Express from Port Clinton. Enjoy a one hour guided tour of Put-n-Bay on a tram. Afterwards, you will have time to explore the island on your own.

DAY	DATE	TIME	FEE
Mon	7/25	8:00 am	\$53
Mon	8/22	8:00 am	\$53

*transportation, Jet Express & Tram tour

Soap Box Derby - Senior Day

Visit the Soap Box Derby. Experience a trip down Derby Downs in an adult Soap Box Derby car, as well as access to health screenings and information tables. Complimentary lunch included.

DAY	DATE	TIME	FEE
Thurs	9/1	9:00 am	\$20

*Fee includes ticket and transportation

Summer Sunset Adventure: Toledo Glass Museum & Lakeside

Travel by motor coach to Toledo for a day that has a little bit of everything, including lunch at Tony Packo's.

DAY	DATE	TIME	FEE
Fri	9/9	7:15 am	\$74

Vintage Wine Tour of Lake Erie: Sip and See

Travel by motor coach to some of the finest wineries along the Western Lake Erie Basin! We'll start by visiting Firelands Winery of Sandusky. Next on to the Catawba area to visit Mon Ami Winery, where we lunch. The third stop will be Quarry Hill of Berlin Heights, and then we will complete our day at the Papermoon Winery in Vermilion.

DAY	DATE	TIME	FEE
Wed	10/5	9:30 am	\$76



OVERNIGHT TRIPS

New York City

October 19 - 21, 2016

Take a bite out of the Big Apple in "The City That Never Sleeps"!

Package Features:

- Motorcoach Transportation
- Overnight Accommodations
- Meals
- Sightseeing & Tours

Deadline to register is August 19, 2016

ACTIVE ADULTS & SENIORS



PARTIES

Themed luncheons, dinners, dances and more take place throughout the month; refer to the Senior Newsletter.

SPEAKERS

Continue your quest for knowledge. Learn about a wide array of topics including health, wellness, finances, history, technology and more. Multiple offerings throughout the month. Refer to the Senior Newsletter for additional speakers and topics.

VAN SERVICE

In-Town
Monday through Friday
9:00 am - 4:00 pm
No Charge

Out-of-Town
Monday through Friday
8:00 am - 4:00 pm
One-Way Cost:

\$3.00 - 0-10 miles
\$4.00 - 10-15 miles
\$5.00 - Over 15 miles

ACT II

Aging Creatively Through the Arts

ACT II PLAYERS

Discover your talents on stage. No line memorization necessary! Come to a planning meeting or contact Christine A. Madden (440-337-1401) if you are interested in being a part of the October performance.

DAY	DATE	TIME	FEE
Planning Meetings:			
Wed	7/6 & 8/3	2:30 pm	FREE
Rehearsals:			
Wed	8/31 - 10/12	2:30 - 3:30 pm	FREE
Dress Rehearsal:			
Thurs	10/13	2:30 - 4:30 pm	FREE

* at Solon Center for the Arts

FALL PLAY AND RECEPTION

DAY	DATE	TIME	FEE
Fri	10/14	TBD	TBD

*at Solon Center for the Arts



ACT II SINGERS

No vocal experience required. Rehearse weekly at the SSC. Perform at various local events and senior living communities. Supported by The Atrium and Solon Foundation.

DAY	TIME	FEE
Tues	12:00 pm	FREE

Adult Coloring

Grown-ups are rediscovering the thrill of filling a page with color. Join others for coloring and conversation. Supplies available or bring your own.

DATE	TIME	FEE
Various Tues	1:00 pm	FREE

Cardmaking

Handcrafted cards add a personal touch. Join us to make cards for your family and friends. Refer to the Senior Newsletter. Supported by Solon Pointe.

Jewelry/Craft Classes

Create beautiful pieces for yourself or to share with someone you love! Date, time and price vary. Refer to the Senior Newsletter. Supported by Aurora Manor.

PAINT ALONG SERIES

Learn how to paint with watercolors, using a "paint along" approach, to complete a finished painting in 3 simple steps. Supported by Solon Pointe

DAY	TIME	FEE
Wed	10:00 am	\$40/6 wk session

ACTIVE ADULTS & SENIORS

Fitness

All classes are open to **BOTH Solon Senior Center AND SilverSneakers members.**

Aerobic SSC Increase your muscle strength, endurance and flexibility. Burn calories in this energetic low-impact class.

Arthritis Exercise Challenging class including stretching, joint mobility, cardio and strengthening exercises. Class will help improve daily function; with/without weights.

Barre Basics Barre classes are sweeping the fitness world. This class will gently work on your balance, strength and flexibility. No dance experience required, the bar is there to support you.

Circuit Training Moving from station to station, you will work on strength and stability to target your entire body. Class includes gentle TRX moves and more.

Country Line Dancing Glide, slide, step and stomp your way to fitness. This cardio activity does not require experience or a partner. Monday Evening and Wednesday Afternoon. Evening class open to adults of all ages.

Delay the Disease Class designed to empower people with Parkinson's Disease by optimizing physical functioning & to help delay the progression of symptoms. No charge, donations accepted. *Sponsored by the Amalia Foundation.*

Hike, Stretch and Rejuvenate Hike and stretch through the Metroparks or at the Community Center, indoors or outdoors (weather permitting). Finish with core strengthening exercises to improve balance.



SILVERSNEAKERS® Cardio Circuit Cardiovascular exercises are highlighted in this class, which also features an upper-body strength workout using hand weights.

SILVERSNEAKERS CARDIOFIT® Low-impact cardiovascular workout for active older adults. Handheld weights and elastic tubing exercises follow to promote muscle endurance and strength.

SILVERSNEAKERS® Classic This class improves overall strength and flexibility using light weights, bands and balls.

Strength and Balance Improve your strength and balance in this class that utilizes weights, bands and large fitness balls.

Smart Start Tone and tighten muscles with light weights, work your core with floor exercises, and finish with relaxation!

Tai Chi Series of gentle movements done in a slow focused manner to help reduce stress, increase flexibility & improve balance.

Yoga Flow Experience yoga geared for the mature adult, with/without physical limitations. Learn breathing techniques, as well as standing & chair yoga poses that will refresh your mind, body, spirit and improve balance. *Supported by Hamlet Village.*

Zumba Gold Easy to follow program that lets you move to the beat, at your own speed. It's an invigorating dance fitness class.



Pickleball Clinic Learn the basics of Pickleball, from beginning into intermediate. Through drills, you will gain an understanding of the skills, rules and game play strategies required to enjoy the fastest growing sport in Northern America. Appropriate for both beginners and intermediate players. SCC GYM - INDOOR:

DAY	DATE	TIME
Fri	9/30 - 10/21	10:30 am - 12:15 pm
FEE: \$20		

Pickleball A bit of tennis, racketball, badminton and ping-pong all rolled up into one, using a paddle ball racket and whiffle ball. Assistance provided for new players. Competition available for those with experience.

DAY	TIME	FEE
Tues & Thurs	9:00 am	FREE

ARTS

Art Classes

Preschool Art

AGES 2 - 4

Preschool age students will express themselves in paint, clay and multi-media while building coordination, thinking, motor and social skills. This class is designed for caregivers and students to share and create together.

SESSION DAY DATE TIME

Session I Mon 8/22-10/10 10:15 - 11:00 am

Session II Mon 10/17-11/28 10:15 - 11:00 am

NO CLASS: 9/5, 10/3, 10/31

FEE: \$65 per session, \$60 before 8/14

LOCATION: SCA Art Room

Pre-K Art

AGES 4 - 6

Pre-K art class is for kids to express themselves with multi-media projects while interacting with their peers.

SESSION DAY DATE TIME

Session I Mon 8/22-10/10 1:30 - 2:30 pm

Tues 8/23-9/27 1:30 - 2:30 pm

Wed 8/24-9/28 1:30 - 2:30 pm

Thurs 8/25-9/29 1:30 - 2:30 pm

Session II Mon 10/17-11/28 1:30 - 2:30 pm

Tues 10/18-11/22 1:30 - 2:30 pm

Wed 10/19-11/30 1:30 - 2:30 pm

Thurs 10/20-12/1 1:30 - 2:30 pm

NO CLASS: 10/31, 11/23, 11/24

FEE: \$75 per session, \$70 before 8/14

Family Art

AGES 3 - 6

This class is designed for families to enjoy together. The tuition is per child as long as accompanied by a parent; however, a family with more than one child may have only one caregiver attend as long as you feel you can assist your children with projects.

SESSION DAY DATE TIME

Session I Wed 8/24-9/28 6:30 - 7:30 pm

Session II Wed 10/19-11/30 6:30 - 7:30 pm

NO CLASS: 11/23

FEE: \$75 per session, *\$70 before 8/14

LOCATION: SCA Art Room

See page 36 for additional Pre-k programs.

Create-A-Class

Don't see a class that works for you here?

Get together 5 students or more to create-a-class of your own. Class session would be approximately 4-6 weeks.

Contact Maria Klein at (440)337-1400 or mklein@solonohio.org for further information and tuition!

Specialty Art

GRADES K - 4

Specialty art classes are multi-media, general art classes with fun and interesting themes that also may incorporate art history and improving art skills.

SESSION I

Pop Art - Young

DAY DATE TIME

Mon 8/22-10/10 4:30 - 6:00 pm

FEE: \$105, \$100 before 8/14

Monsters Etc. - Spisak

DAY DATE TIME

Tues 8/23-9/27 4:30 - 5:30 pm

FEE: \$75, \$70 before 8/14

Gizmos and Gadgets - Scott

DAY DATE TIME

Wed 8/24-9/28 4:30 - 6:00 pm

FEE: \$105, \$100 before 8/14

Around the World in Art - Baskin

DAY DATE TIME

Thurs 8/25-9/29 4:30 - 5:30 pm

FEE: \$75, \$70 before 8/14

NO CLASS: 9/5, 10/3

SESSION II

Who Goes There - Young

DAY DATE TIME

Mon 10/17-11/28 4:30 - 6:00 pm

FEE: \$105, \$100 before 8/14

Duct Tape Madness- Spisak

DAY DATE TIME

Tues 10/18-11/22 4:30 - 5:30 pm

FEE: \$75, \$70 before 8/14

To Infinity and Beyond - Scott

DAY DATE TIME

Wed 10/19-11/30 4:30 - 6:00 pm

FEE: \$105, \$100 before 8/14

Rockets, Robots and Space, Oh My -Baskin

DAY DATE TIME

Thurs 10/20-12/1 4:30 - 5:30 pm

FEE: \$75, \$70 before 8/14

NO CLASS 10/31, 11/23, 11/24

*Please note, Mon and Wed sessions run with the Arts4kids after school program for Session I and Session II



Printmaking & Painting

AGES 9-13

Produce fun and awesome painting and prints with the simplest painting and printmaking techniques using acrylics, inks and more.

SESSION DAY DATE TIME

Session I Mon 8/22-10/10 7:15 - 8:30 pm

Session II Mon 10/17-11/28 7:15 - 8:30 pm

NO CLASS: 9/5, 10/3, 10/31

FEE: \$85 per session, \$80 before 8/14

Intro to Metals

AGES 13-18

This is an intro level class that teaches multiple skills to form and shape different metals. We will be exploring new techniques including hammering, stamping, wire forming and patinas on copper, brass and aluminum. The projects are designed to include and apply each of the techniques we will learn in class. Projects include a book mark, bangle charm bracelet, herb markers, formed flower sculpture and wind chime.

DAY DATE TIME

Thurs 8/25-9/22 6:30 - 7:15 pm

FEE: \$80 per session, \$80 before 8/14



A Day in the Life of Me: Art Journaling

AGES 9 - 14

Doodling? Sketching? Note-taker? Introductory instruction on art journaling, lettering, layout and materials to start you on your own personal creative journal. Theme and ideas may be given to inspire and aid in getting you started.

SESSION DAY DATE TIME

Session I Tues 8/23-9/27 6:30 - 7:30 pm

Session II Tues 10/18-11/22 6:30 - 7:30 pm

FEE: \$75 per session, *\$70 before 8/10

LOCATION: SCA Art Room

Homeschool Art

AGES 5 - 15

See page 36 for complete information on Homeschool Art and additional homeschool programming contact SCA @ 440-337-1400

Drawing classes are offered to enrich student development and improve drawing ability through practice of the many principles of art including line, texture, value, composition, design, light and color. Various mediums such as pencil, pen and ink, charcoal and pastels may be introduced.

Introduction to Drawing

AGES 6 - 9

SESSION	DAY	DATE	TIME
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Session I	Tues	8/23-9/27	6:15 - 7:15 pm
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Session II	Tues	10/18-11/22	6:15 - 7:15 pm
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FEE: \$75 per session, \$70 before 8/14

LOCATION: SCA Art Room

Basic Drawing Skills

AGES 9 - 13

SESSION	DAY	DATE	TIME
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Session I	Mon	8/22-10/10	6:15 - 7:15 pm
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Session II	Mon	10/17-11/28	6:15 - 7:15 pm
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NO CLASS: 10/31

FEE: \$75 per session, \$70 before 8/14

LOCATION: SCA Art Room

Advanced Teen Drawing

AGES 13 - ADULT

Skill level of student will be assessed to enroll or remain in this advanced level class.

SESSION	DAY	DATE	TIME
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Session I	Mon	8/22-10/10	7:15 - 8:30 pm
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Session II	Mon	10/17-11/28	7:15 - 8:30 pm
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NO CLASS: 10/31

FEE: \$90 per session, \$85 before 8/14

LOCATION: SCA Art Room



Adult Craft Days

AGES 16 AND UP

Love all the great and crafty ideas on sites like Pinterest? Join us for a make-and-take of some favorite projects. We will supply all you need. One week prior registration required so we may obtain any special supplies.

Glass Etching

Thurs 9/1 11am - 1:00 pm

Thurs 9/1 6:15 - 8:15 pm

FEE: \$25

*includes all supplies

*go home with two pieces



Small Seasonal or Inspirational Paintings

Thurs 10/20 6:15 - 8:15pm

FEE: \$25

*includes all supplies

*one painting



Round Seasonal Topiary Ball

Seasonal greens and pinecones with ribbon and sparkle.

Thurs 11/17 6:15 - 8:15 pm

FEE: \$25

*includes all supplies



Sugar Body Scrub

Great for gifts! Sugar body scrub and/or bath salts in decorative jars.

Thurs 12/8 11am - 1:00 pm

Thurs 12/8 6:15 - 8:15 pm

FEE: \$25

*includes all supplies



Monogram Cards Boxed Set

Make for yourself or give as a gift. Set includes decorative box and 8 cards and envelopes.

Tues 12/13 10am - Noon

FEE: \$20

*includes all supplies



Workshops



ADULT ~21 AND OVER PLEASE

Join us for this very popular BYOB painting class! Even if you have never picked up a brush, you can do this! Bring your friends! Purchase tickets online at www.solonarts.org or in person at the SCA front desk. Class size is limited to 15.

DATES: FRIDAY, SEPT 16

AND/OR FRIDAY, NOV 4

TIME: 7:00 pm

FEE: \$35 PER PERSON

21 & OVER PLEASE

LOCATION: GRANTWOOD GOLF COURSE

Registration must be completed prior to the class online at www.solonarts.org or in person at the SCA Front Desk

Copper and Bead Pendant Workshop



Design your own copper wire and bead pendant with instructor and enamel artist, Mandy Spizak.

DAY	DATE	TIME	FEE
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Mon	10/10	6:30 - 8:00 pm	\$20
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LOCATION: SCA Art Room

Dance

SCA dance classes encourage creativity while emphasizing proper technique and terminology so students can become strong, knowledgeable, and passionate dancers. Each student will learn steps in a progressive manner that will allow them to focus on body placement, timing, fluidity, musicality, and expression. SCA dance instructors teach with a nurturing and supportive attitude so students are able to learn in an environment conducive to growth and development.

- It is **HIGHLY RECOMMENDED** that students wishing to advance their technique take a ballet class **AND** a second technique class.
- SCA's Annual Dance Recital will be held on Saturday, May 20, 2017. A **MANDATORY** dress rehearsal will take place during the week of May 16. Students wishing to participate in the Annual Dance Recital must be enrolled by Monday, January 16, 2017.
- SCA offers low-cost, high quality dance education. Tuition and costume fees are kept affordable so that families can enjoy dance without feeling a financial strain. Payment plans are available. Please contact SCA Studios at (440) 337-1301 for information.

Intro to Movement (Ages 3 -4) This fun and exciting class was designed to introduce young students to a form of self-expression and imagination through movement! Students will improve basic coordination and rhythm while learning to dance

Creative Movement (Ages 4 - 6) Creative Movement introduces children to the basics of ballet, tap, and creative forms of movement. Students will learn to express themselves through movement as well as develop a sense of grace, coordination, and rhythm in a focused and fun environment.

Intro to Acro (Ages 4 -6) Intro to Acro provides students with the opportunity to learn basic acrobatic skills. Students will explore different conditioning exercises which will increase their development of coordination, flexibility, and strength.

Dance Combo I (Ages 5-7) **Dance Combo II** (Ages 7-9) **Dance Combo III** (Ages 9-12) **Dance Combo IV** (Ages 12-15) If you want to explore multiple styles of dance, Dance Combo is for you! Students will learn basics of ballet, jazz, modern, tap, and basic gymnastics. Students must have ballet shoes, tap shoes, and footless or convertible tights. Jazz shoes are recommended.

Pre-Ballet/Jazz (Ages 5 - 8) This class fuses two important styles of dance: Ballet forms the basis of dance technique and allows students to grow into strong dancers, and Jazz offers students the opportunity to explore more rhythmic styles of movement. This combined class gives students the opportunity to focus on both techniques and style thereby becoming more well-rounded dancers.



Ballet I (Ages 8-10), **Ballet II/III** (Ages 10-14), **Ballet IV/V** (Ages 14-18) Dancers will gain a sense of self-discipline, confidence, and poise as they explore work at the barre, center and across the floor. Emphasis will be placed on proper alignment, terminology and phrasing. As students progress, musicality, choreography, technique and artistry will be stressed. Ballet II/III students will focus on perfecting the art of ballet, while bringing personality and fluidity to the movement. Ballet IV/V is for advanced students. *Please contact SCA Studios for placement.*

Pre-Pointe (Ages 10 - 14) **Pointe** (Ages 14 - 18) Once students have mastered proper alignment, technique, and strength, pointe work will begin. Students eligible for this class must be enrolled concurrently in at least one upper level Ballet class at SCA.

Beginning Jazz/Hip Hop (Ages 5-8), **Jazz/Hip Hop I** (Ages 9-12), **Jazz/Hip Hop II** (Ages 13-18) **Jazz/Musical Theater** (Ages 13-18) Students will explore classic and contemporary jazz techniques as well as popular hip-hop. Isolations, rhythm, attitude and performance quality will be emphasized.

Modern I (Ages 8-10), **Modern II/III** (Ages 11-14), **Modern IV/V** (Ages 14-18) Dancers will learn the basics of modern dance, focusing on technique, history and kinesiological terms while being introduced to choreographic concepts and various repertoires.

Lyrical/Contemporary I (Ages 10-14), **Lyrical/Contemporary II** (Ages 14-18) With shows like *So You Think You Can Dance*, lyrical and contemporary styles have become more popular. This class will teach students how to express emotion while dancing and learn to move in a fluid and melodic manner. Students will explore the qualities of released dancing while daring students to find disparate qualities of stillness and explosion.

Dance Ensemble

Tap (Ages 12 - 18) is a great form of dance for rhythm awareness, coordination and body control. All classes consist of a blend of rhythm and Broadway tap being explored by center floor and traveling work. Emphasis will be on correct terminology, technique and timing. As students progress to higher levels of tap skills, they will be introduced to more complex rhythms and combinations with more of an emphasis on clarity of sound.

Stretch and Strength (Ages 12 - 18) This class will teach how stretching properly before and after a dance class helps to prevent injury by making the muscles more pliable. Students will work on improving posture, increasing flexibility and range of motion and strengthening the muscles. It will also aim at increasing the core body strength essential for a dancer.

Boys Creative Movement (Ages 3 - 5) This Creative Movement class is specifically for boys! It will introduce them to the basics of ballet, tap, and creative forms of movement. Students will develop coordination and rhythm in a focused and fun environment.

Boys Hip Hop (Ages 5 - 8) Male students will have an opportunity to gain strength, flexibility and confidence while exploring jazz and hip hop. Isolations, rhythm, attitude and athleticism will be emphasized.

Boys Tap (Ages 5 - 8) Tap is a great form of dance for boys to learn rhythm awareness, coordination and body control. Emphasis will be on correct terminology, technique and timing while students gain confidence.

Adult Classes (18 & Up) Stay in shape and have fun doing it! Students will gain flexibility, increase stamina and strengthen their bodies and minds. Classes are suitable for new and previously trained dancers.



Photo by AMH Creatives

SCA Dance Ensemble

AGES 13 - 18

Students will learn about the rehearsal and production process as they perform at various venues, sharing their love of dance with the community. Accepted students are required to enroll in ballet and one additional technique class.

SCA Junior Holiday Dance Ensemble

AGES 5 - 8 & 9 - 12

Students perform at various venues alongside our SCA Dance Ensemble. Students will gain performance experience and be able to grow artistically as a dancer. Rehearsals will begin in August and go through December. Accepted students must be enrolled in a technique class to participate and will receive a rehearsal schedule upon acceptance.

Ensemble Auditions

Saturday, August 6

SCA Junior Holiday Dance Ensemble 10:00 am - 11:30 am

SCA Dance Ensemble 11:30 am - 1:30 pm

SCA Studios

33300 Station Street Solon, Ohio 44139

The group audition will start with a brief stretching warm-up and ballet barre, followed by progressions across the floor and learning excerpts of choreography. A panel of judges will evaluate the students based on level, performance ability and ability to apply corrections and quickly understand choreography. Please wear form-fitting, comfortable clothes so the judges can see body alignment and will be able to make corrections. The students will be notified by August 12 if they have been accepted into SCA Dance Ensemble or SCA Junior Holiday Dance Ensemble. More information will be provided on the first day of class.

*Acceptance into the SCA Dance Ensemble and SCA Junior Holiday Dance Ensemble will be based on ability and level.

If you are unable to attend the group audition on Saturday, August 6, contact SCA Studios at (440) 337-1301 to schedule an audition.

ARTS

Dance Class Schedule

CELEBRATE YOUR BIRTHDAY WITH US!

Rent the SCA Dance Studios for your child's next birthday! We offer birthday parties for girls and boys of all ages and all their friends. You provide the decorations and the cake; we will provide an instructor to teach a fun-filled class based on your party theme! For more information, please contact Allison Urban at aurban@solonohio.org or 440.337.1301.



Class Card

ADULTS

Class Card is for any of our adult classes throughout our whole Fall session. Feel free to try different classes, days, and times at SCA Dance Studios that best fits your schedule. Classes included on the card are Adult Ballet, Adult Tap, Power Fitness, and Zumba. **Class Card is only for SCA Dance Department classes offered at SCA Dance Studios.**

DATES: August 22 - December 21

FEE: 18 Classes for \$180.00

*Please refer to Class schedules for available days and times.

STUDIO A

MONDAY - 29 Weeks (August 22 - May 8) Before 8/14 After 8/14

4:30pm-5:30pm	Modern I	\$348	\$358
5:30pm-6:30pm	Ballet I	\$348	\$358
6:30pm-7:45pm	Modern IV/V	\$435	\$445
7:45pm-8:30pm	Adult Ballet	\$261	\$271

*No class on 9/5, 10/3, 10/31, 12/26, 1/2, 1/16, 2/20, 3/27, 4/17

TUESDAY - 34 Weeks (August 23 - May 9) Before 8/14 After 8/14

3:45pm-5:00pm	Dance Combo II	\$510	\$520
5:00pm-6:00pm	Pre-Ballet/Jazz	\$408	\$418
6:00pm-7:00pm	Dance Combo I	\$408	\$418
7:00pm-7:45pm	Zumba	\$306	\$316
7:45pm-9:00pm	Lyrical/Contemporary II	\$510	\$520

*No class on 10/11, 12/27, 1/3, 3/28

WEDNESDAY - 33 Weeks (August 24 - May 10) Before 8/14 After 8/14

4:30pm-5:00pm	Intro to Movement	\$198	\$208
5:00pm-5:45pm	Creative Movement	\$297	\$307
5:45pm-7:00pm	Dance Combo II	\$495	\$505
7:00pm-9:00pm	Dance Combo IV	\$792	\$802

*No class on 10/12, 11/23, 12/28, 1/4, 3/29

THURSDAY - 33 Weeks (August 25 - May 11) Before 8/14 After 8/14

4:15pm-5:15pm	Beginning Jazz/Hip Hop	\$396	\$406
5:15pm-6:45pm	Ballet IV/V	\$594	\$604
6:45pm-7:15pm	Pointe	\$198	\$208
7:15pm-9:15pm	Ensemble	\$792	\$802

*No class on 11/24, 12/22, 12/29, 1/5, 3/30

FRIDAY - 29 Weeks (August 26 - May 12) Before 8/14 After 8/14

9:30am- 10:15am	Power Fitness	\$261	\$271
10:15am-11:00am	Creative Movement for Boys	\$261	\$271
11:00am-11:30am	Intro to Acro	\$174	\$184

*No class on 10/14, 11/11, 11/25, 12/23, 12/30, 1/6, 1/13, 3/31, 4/14

SATURDAY - 32 Weeks (August 27 - May 13) Before 8/14 After 8/14

9:30am-10:30am	Zumba	\$288	\$298
10:30am-11:30am	Beginning Jazz/Hip Hop	\$384	\$394
11:30am-12:00pm	Intro to Acro	\$192	\$202
12:00pm-1:15pm	Dance Combo II	\$480	\$490

*No class on 9/3, 11/26, 12/24, 12/31, 1/7, 4/1, 4/15

STUDIO B

MONDAY - 29 Weeks (August 22 - May 8) Before 8/14 After 8/14

4:15pm - 4:45pm	Intro to Acro	\$174	\$184
4:45pm - 5:15pm	Intro to Movement	\$174	\$184
5:15pm - 6:00pm	Creative Movement	\$261	\$271
6:00pm - 7:00pm	Jazz/Hip Hop I	\$348	\$358
7:00pm - 8:00pm	Modern II/III	\$348	\$358
8:00pm - 8:45pm	Stretch/Conditioning	\$261	\$271

*No class on 9/5, 10/3, 10/31, 12/26, 1/2, 1/16, 2/20, 3/27, 4/17

ARTS

TUESDAY - 34 Weeks (August 23 - May 9) Before 8/14 After 8/14

8:30am-9:15am	Power Fitness	\$306	\$316
9:15am-9:45am	Intro to Movement	\$204	\$214
9:45am-10:30am	Creative Movement	\$306	\$316
10:30am-11:00am	Intro to Acro	\$204	\$214
1:00pm-1:45pm	Creative Movement	\$306	\$316
1:45pm-2:15pm	Intro to Movement	\$204	\$214
2:15pm-2:45pm	Intro to Acro	\$204	\$214
4:00pm-4:45pm	Creative Movement	\$306	\$316
4:45pm-5:30pm	Boys Tap	\$306	\$316
5:30pm-6:00pm	Intro to Movement	\$204	\$214
6:00pm-7:00pm	Musical Theater Jazz	\$408	\$418
7:00pm-7:45pm	Tap	\$306	\$316
7:45pm-8:45pm	Jazz/Hip Hop II	\$408	\$418

*No class on 10/11, 12/27, 1/3, 3/28

WEDNESDAY - 33 Weeks (August 24 - May 10) Before 8/14 After 8/14

8:30am-9:15am	Adult Ballet	\$297	\$307
9:15am-10:00am	Creative Movement	\$297	\$307
10:00am-10:30am	Intro to Movement	\$198	\$208
10:30am-11:30am	Dance Combo I	\$396	\$406
1:00pm-1:30pm	Intro to Movement	\$198	\$208
1:30pm-2:15pm	Creative Movement	\$297	\$307
2:15pm-3:15pm	Beginning Jazz/Hip Hop	\$396	\$406
4:15pm-5:00pm	Boys Hip Hop	\$297	\$307
5:00pm-6:00pm	Dance Combo I	\$396	\$406
6:00pm-7:30pm	Dance Combo III	\$594	\$604
7:30pm-8:15pm	Adult Tap	\$297	\$307

*No class on 10/12, 11/23, 12/28, 1/4, 3/29

THURSDAY - 33 Weeks (August 25 - May 11) Before 8/14 After 8/14

8:30am-9:15am	Adult Tap	\$297	\$307
9:15am-9:45am	Intro to Movement	\$198	\$208
9:45am-10:30am	Creative Movement	\$297	\$307
10:30am-11:30am	Beginning Jazz/Hip Hop	\$396	\$406
1:00pm-1:30pm	Intro to Movement	\$198	\$208
1:30pm-2:15pm	Creative Movement	\$297	\$307
2:15pm-3:15pm	Pre-Ballet/Jazz	\$396	\$406
4:00pm-5:00pm	Pre-Ballet/Jazz	\$396	\$406
5:00pm-6:00pm	Lyrical/Contemporary I	\$396	\$406
6:00pm-7:15pm	Ballet II/III	\$495	\$505
7:15pm-7:45pm	Pre-Pointe	\$198	\$208
7:45pm-8:30pm	Power Fitness	\$297	\$307

*No class on 11/24, 12/22, 12/29, 1/5, 3/30

FRIDAY - 29 Weeks (August 26 - May 12) Before 8/14 After 8/14

9:30am-10:15am	Creative Movement	\$261	\$271
10:15am-10:45am	Intro to Movement	\$174	\$184

*No class on 10/14, 11/11, 11/25, 12/23, 12/30, 1/6, 1/13, 3/31, 4/14

SATURDAY - 32 Weeks (August 27 - May 13) Before 8/14 After 8/14

9:30am-10:15am	Creative Movement	\$288	\$298
10:15am-10:45am	Intro to Movement	\$192	\$202
10:45am-11:45am	Dance Combo I	\$384	\$394
11:45am-12:45pm	Pre-Ballet/Jazz	\$384	\$394

*No class on 9/3, 11/26, 12/24, 12/31, 1/7, 4/1, 4/15

EXCITING UPCOMING EVENTS AT SOLON CENTER FOR THE ARTS DANCE STUDIOS

Bring a Friend to Dance Week

September 19 - September 24

Bring your friend to any or all of your dance classes to show them why you to dance at SCA! Whether your friend is currently in dance, was a former dancer, or has never danced before, please welcome them to take a class with you! Let your friend know to wear something comfortable and be prepared to have tons of fun!

Halloween Costume Week

October 24 - October 29

Join us in wearing our Halloween costume this week. *We ask that costumes are appropriate for the classroom and will not restrict from any movement.

Observation Week

November 14 - November 19

Please join us for the last 10 minutes of class during Observation Week. Students will share with their visitors everything they have learned since the beginning of the year! You are more than welcome to take pictures and videos at this time.

JUNIOR HOLIDAY DANCE ENSEMBLE AND SCA DANCE ENSEMBLE UPCOMING PERFORMANCES:

IX Center Christmas Connection

November 19 at 11:00am

City of Solon Tree Lighting Ceremony
Wednesday, November 23 at 7:00 pm

ARTS

SPECIALTY CLASSES (K - 4) 4:30 PM - 6:00 PM

SESSION I

August 16 - October 13

*No class 8/15, 9/5, 10/3, 10/12, 10/14

MONDAY

ART - GIZMOS & GADGETS

Go back to the future with art that mixes science fiction and steam-powered machinery. Design drawing and sculpture projects of the future using the Wild West and Industrial Age as inspiration.

Tuition: \$81

TUESDAY

THEATER - AROUND THE WORLD IN FAIRYTALES

Students will travel from Ireland to India to Africa and back again as they learn about various world cultures while building their theatrical skills. Improvisation, basic blocking and line memorization will be explored as young performers collaborate to produce an original performance piece based on their world travels for the final day of class.

Tuition: \$121.50

WEDNESDAY

ART - FALL FEST

Changing color palette, weather changes and seasonal subject matter will be introduced and highlighted in this art class.

Tuition: \$108



THURSDAY

THEATER - HAIRY, SCARY & STRANGE

Just in time for Halloween! Young actors will unleash their own inner monsters and mythical creatures through theater. Students will create a performance piece based on child appropriate stories of the season.

Tuition: \$121.50



SESSION I & II

FRIDAY

FRIDAY FUN DAY!

After a long week, students appreciate the opportunity to relax and just have fun. This class offers students the opportunity to take part in a laid-back, but productive play time where they can explore many fun activities with a teacher to guide them. From learning to knit and make play-dough from scratch to playing board games and watching classic movies in the SCA Theater on the big screen, this class is sure to help your child transition from the school week into the weekend.

Session I Tuition: \$108.00 / Session II Tuition: \$94.50

SESSION II

October 17 - December 21

*No class 11/11, 11/23, 11/24, 11/25, 12/22, 12/23

MONDAY

ART - WHOO GOES THERE?

What a hoot! Art all about Owls.

Tuition: \$135

TUESDAY

THEATER - STORYBOOK THEATER

Explore the art of storytelling in this entertaining and educational class. Students will play theater games, explore scripts and engage in ensemble building exercises while creating a performance piece based on a classic children's books.

Tuition: \$135

WEDNESDAY

ART - To Infinity and Beyond

Multi media projects based on all things that fly.

Tuition: \$121.50

THURSDAY

THEATER - TELLING TALL TALES

Ever hear of Paul Bunyan, Johnny Appleseed or Sally Ann Whirlwind? In this class, students will explore these classic American tall tales and, through performance, become the larger-than-life characters themselves. The final class will feature a performance for family and friends.

Tuition: \$108

Theater

SCA YOUTH THEATER PRODUCTIONS

FALL 2016

SPOTLIGHT YOUTH THEATER

GRADES 6 - 8

SINGIN' IN THE RAIN, JR.

Screenplay by Betty Comden & Adolph Green, Songs by Nacio Herb Brown & Arthur Freed
Based on the classic Metro-Goldwyn-Mayer film, by special arrangement with Warner Bros.
Theatre Ventures, Inc.

Directed by Dominick Chicotel

The "Greatest Movie Musical of All Time" is faithfully and lovingly adapted by Broadway legends Betty Comden and Adolph Green from their original award-winning screenplay. In *Singin' in the Rain, JR.*, hilarious situations, snappy dialogue and a hit-parade score of Hollywood standards make *Singin' in the Rain, JR.* a guaranteed good time for performers and audience members alike. *Content Furnished by MTIShows.com

*Students MUST LIST ALL conflicts with regular rehearsals on audition form & cast contract. Availability will be a consideration in casting. Absences from rehearsals not previously disclosed may mean removal from parts of or the entire show (except in cases of emergency or illness). There are NO ABSENCES permitted during Mandatory Technical or Dress Rehearsals.

Mandatory Group Dance Audition: Monday, August 22 (6:00 pm - 8:00 pm)

Individual Audition Appointments: Tuesday, August 23 & Wednesday, August 24 (6:00 pm - 8:00 pm) *Students should prepare 16 to 32 bars of a vocal piece. Monologue selections will be provided to students for initial audition. Call for Appointment.

Call Backs: Thursday, August 25 (6:00 pm - 9:00 pm) *By invitation only. Students will do cold readings and sing music from the show.

Cast List Posted: August 26 at 3:30 pm at SCA & via Email

Mandatory Parent Meeting: Saturday, September 3 (2:15 pm)

Regular Rehearsals: Mondays & Wednesdays (5:00 pm - 7:00 pm), Saturdays (11:00 am - 2:30 pm) August 31 - October 26

Mandatory Technical Rehearsals: Saturday, October 29 (11:00 am - 2:30 pm) & Tuesday, November 1 (6:00 pm - 9:00 pm)

Mandatory Dress Rehearsals: Wednesday, November 2 & Thursday, November 3 (6:00 pm - 9:00 pm)

Performances: Friday, November 4 (7:30 pm), Saturday, November 5 (2:00 pm & 7:30 pm) and Sunday, November 6 (2:00 pm) at SCA.

Production Fee: \$135 *Due no later than Wednesday, August 31, 2016

PEEWEE PLAYBILLDERS

GRADES 2 - 3

THE BEST OF DR. SEUSS

Directed by Rachel Murar

Do you like green eggs and ham? If so, you will love to perform in this theatrical adaption of some of Dr. Seuss's best short works.

Enrollment Opens: August 22 *There will be no formal auditions for this production. Students should familiarize themselves with the works of Dr. Seuss. Roles will be assigned throughout rehearsal. Please sign your child up before the first rehearsal. Limit 20 students.

Rehearsals: Saturdays (9 am - 11 am) September 3 - November 19

Mandatory Parent Meeting: Saturday, September 3 (10:45 am)

Mandatory Dress Rehearsals: Monday, November 28 (5:00 pm - 7:00 pm) at SCA and Tuesday, November 29 (5:00 pm - 7:00 pm) at Solon Library

Performances: Thursday, December 1 (7:00 pm) at Solon Library & Saturday, December 3 (2:00 pm) at SCA

Production Fee: \$135 *Due by Saturday, September 3, 2016

STORIES ON STAGE

GRADES 4 - 5

THE BORROWERS

By Mary Norton

Directed by Allison St. John, Adapted by the Stories on Stage Students and Allison St. John
One only need look beneath the kitchen floor to find the tiny world of

The Borrowers and a spunky girl, only a few inches tall, named Arrietty. This fall, the Stories on Stage students will enjoy adapting and performing Mary Norton's timeless book about the teeny Clock family and young Arrietty's search for a friend.
Group Audition: Tuesday, August 30 (6:00 pm - 8:00 pm) *Students should familiarize themselves with the original book.

Mandatory Parent Meeting: Tuesday, September 6 (7:45 pm)

Rehearsals: Tuesdays and Thursdays (6:30 pm - 8:00 pm) September 6 - November 3

Mandatory Dress Rehearsals: Tuesday, November 8 (6:00 pm - 8:00 pm)

Performances: Thursday, November 10 (7:00 pm) & Saturday, November 12 (2:00 pm) at SCA

Production Fee: \$135

*Due by Tuesday, September 6, 2016

CALL SCA AT (440) 337-1400 TO SCHEDULE AN AUDITION TIME FOR YOUR FAVORITE SHOW!

ARTS

Theater

WINTER 2017

SPRING 2017

SPOTLIGHT YOUTH THEATER

GRADES 6 - 8

Winter Play - TBD

Directed by Dominick Chicotel

Auditions: December 5, 6 & 7

*Production Fee Due in January

Performances: March 17, 18, 19

STORIES ON STAGE

GRADES 4 - 5

THE JUNGLE BOOK - KIDS

Directed by Allison St. John

Group Auditions: January 10 & 12

*Both Days Mandatory

Performances: April 7 & 8

PEEWEE PLAYBILLDERS

GRADES 2 - 3

THE NIGHT OF THE GOAT CHILDREN

Directed by Rachel Murar

Enrollment Opens: January 9

*Limit 20 Students

Performances: March 9 & 11

9th ANNUAL SCA ONE-ACT FESTIVAL

GRADES 2 - 8

Featuring the Winner of the 9th Annual SCA Playwriting Competition

Directed by Dominick Chicotel & Allison St. John

Due to the success of the past 8 years, SCA is now expanding the One-Act Festival to include multiple generations of young actors and playwrights.

Enrollment Opens: April 3 *Limit 40 Students

Rehearsals: Tuesday, Wednesday, Thursday (5 pm - 7 pm) and Saturday (11 am - 2:30 pm) April 10 - May 13 *Students must be available to rehearse at least two days a week.

Tech & Dress: May 22 - May 24

Performances: May 26 (7:30 pm) & May 27 (2 pm)

9TH ANNUAL SCA PLAYWRITING COMPETITION

GRADES 4 - 6 / 7 - 12

Students, grades 4 - 12, are eligible to enter a short play of their own creation into this competition. The winners will get the chance to see their work performed by the SCA Youth Theater Students (grades 2 - 8) on the SCA stage. Students will be judged in two separate groups. Grades 4 - 6 are asked to submit a piece no more than 5 pages typed and grades 7 - 12 may submit works up to 10 pages typed. Deadline for submissions is 1/20/2017 but it is never too early to start writing.

NEED HELP PREPARING FOR YOUR AUDITION?

Musical Theater Audition Workshop

GRADES 5 - 8 St. John

This class is great for any student preparing to audition for a musical. SCA Instructor Allison St. John will explain audition etiquette, "cold-reading" techniques and resume development., while SCA Voice Instructor Mary Wiker will help each student work on a vocal selection for future auditions. Song selections will be provided in class or students may bring their own choice of music to work on. *Piano sheet music only please.

Day	Date	Time	Fee
Wednesday	August 17	5:00 pm - 8:00 pm	\$50

Private Acting (Ages 8 & up) and Private Voice (Ages 12 & up)

Private acting and vocal lessons are available with any of SCA's highly trained theater or vocal instructors. Private coaching will help prepare students for any theatrical or musical endeavor. Call Christine A. Madden for private acting instructor bios, pricing & availability. Call Vanessa Majewski, Music Department Coordinator, to schedule a voice lesson with one of SCA's voice instructors! (440) 337-1400.

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Christine A. Madden, Theater Department Coordinator
(440) 337-1401 cmadden@solonohio.org

www.solonarts.org

Theater

OTHER THEATRICAL OPPORTUNITIES AT SCA

Theater Techniques Classes

The Theater Technique classes have been created to help build each student's core theatrical skills by giving them the opportunity to concentrate on the educational aspect of theater. The curriculum in each class has been designed to shape and enhance the specific skills the students will need for upcoming productions at SCA.

Theater Building Blocks

GRADES 3 - 4 *St. John*

Students will focus on developing larger than life characters as they set out on their journey as young performing artists. This class also provides students with the building blocks of theater by introducing them to improvisation, memorization techniques, stage direction and blocking concepts.

DAY	DATE	TIME
Tues & Thurs	9/6 - 10/25	6 - 6:30 pm

FEE: \$95

*No Class 10/11

Musical Theater Techniques

GRADES 5 - 8 *Hargrave*

Students will build their musical theater muscles by focusing on how to prepare and best utilize their bodies and voices to create bold characters. In addition to studying basic movement and vocal technique, these young performers will also discuss the different types of musical theater genres and the proper way to present themselves at musical theater auditions and rehearsals.

DAY	DATE	TIME
Mon	9/12 - 10/24	7:15 - 8:15 pm

FEE: \$82

*No Class 10/3

Character Development

GRADES 5 - 8 *Chicotel*

Students will focus in on character analysis by exploring a variety of different acting methods and improvisational techniques. Students will build upon their theatrical skills and fine-tune their abilities as actors.

DAY	DATE	TIME
Wed	8/31 - 10/19	7:15 - 8:15 pm

FEE: \$95

*No Class 10/12



THEATER FIELD TRIP TO CSF'S OUTDOOR PERFORMANCE OF THE TEMPEST

Madden

By William Shakespeare, Adapted and Directed by Allan Byrne

Join SCA on a field trip to The Grove Amphitheater in Mayfield Village to see the Cleveland Shakespeare Festival's production of *The Tempest*. All Cleveland Shakespeare Festival performances are presented FREE OF CHARGE to the public. This is a wonderful opportunity for young people to experience the joy of outdoor theater. All attendants should bring a blanket or low-slung chair. Attendants are also welcome to bring a picnic to enjoy during the show. *Minors grade 5 and up have the option of attending this events with other students as part of a chaperoned group from SCA. Minors grade 4 and below must be accompanied by a parent or guardian. Any minor, grade 5 and up, not accompanied by a parent or guardian must take the Solon Bus.

DAY	DATE	TIME
Saturday	July 23	6 pm - 9 pm

*If taking the Solon Bus
5:30 pm - Pretrip discussion about the show plot in the SCA Theater.

Production begins at 7 pm at the Grove Amphitheater in Mayfield Village

FIELD TRIP AND CHAPERONE BUS FEE: \$10

Registration Deadline: July 15 *Limit 50 spaces available. Must have minimum of 20 individuals riding the bus.

ARTS

“FINDING NEVERLAND” FIELD TRIP TO PLAYHOUSE SQUARE Madden

Join SCA on a field trip to Playhouse Square’s Connor Theater to see their production of Finding Neverland. Minors grade 5 and up have the option of attending this events with other students as part of a chaperoned group from Solon. Minors grade 4 and below must be accompanied by a parent or guardian. Any minor, grade 5 and up, not accompanied by a parent or guardian must take the Solon Bus.

DAY	DATE	TIME
Sunday	11/13	11:30 am - 4:30 pm *If taking the Solon Bus Production begins at 1 pm at the Connor Theater

FEES: Taking the Bus: \$25.00
FEES: NOT Taking the Bus: \$15

Registration Deadline: October 17, 2016. *Limit 25 spaces available. Must have minimum of 15 individuals riding the bus.

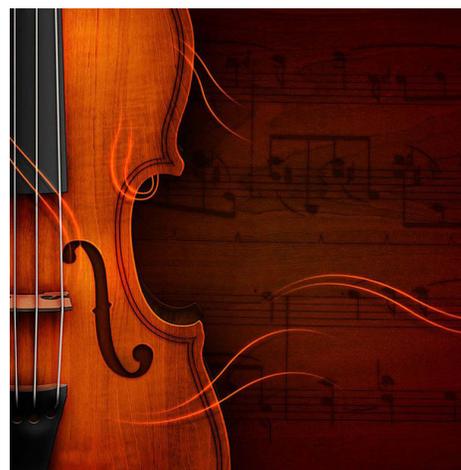
SCA YOUTH THEATER MOVIE NIGHT!

(GRADES 4 - 8)

Join instructor Alli St. John as she hosts a monthly movie night to introduce students to classic movie adaptations of musical theater, theater and literary works. Movie snacks will be provided by SCA. A post movie discussion will follow each feature. *Please review all movie ratings and content to determine if the film is appropriate for your child before signing them up.

MOVIE	DAY	DATE	TIME
<i>Singin’ In The Rain</i> (Rated G)	Wednesday	7/27	5 pm - 7:30 pm
<i>The Secret World of Arrietty</i> (Rated G)	Thursday	8/4	5 pm - 7 pm
<i>On the Town</i> (No Rating)	Saturday	9/10	2:30 pm - 5 pm
<i>Deathtrap</i> (Rated PG)	Friday	10/14	2 pm - 4:30 pm
<i>Hook</i> (Rated PG)	Saturday	11/19	12 pm - 3 pm
<i>Into The Woods</i> (Rated PG)	Wednesday	12/28	12 pm - 2:30 pm

FEE: Instructor & Snack: \$5 per event



The Solon Philharmonic Orchestra is an exciting opportunity for talented amateur and professional musicians (high school to adult) to collaborate in a rewarding musical environment. Whether a seasoned veteran or a musician who has recently rediscovered a passion for playing, SPO members are presented with experiences designed to strengthen musical skills through performance of the classics. SPO presents three concerts each season, including performances with noted soloists and the winner of the annual Young Artists Concerto Competition.

Please call SCA at (440)337-1400 for more information.

REHEARSALS: Mondays 7:30 - 9:45 pm at Solon Middle School, beginning September 26

CONCERTS: Sunday, Nov. 20, 2016 - 3pm
Solon Center for the Arts
Sunday, March 5, 2017 - 3pm
Solon Center for the Arts



THE MUSIC SETTLEMENT
UNIVERSITY CIRCLE

Music Therapy

AGES INFANT - SENIOR - ADULT

SCA is excited to continue its collaboration with our sister community music school, The Music Settlement, located in University Circle. Drawing upon their expertise and 46 years of history in the field of Music Therapy, the Settlement sends a Board Certified Music Therapist to SCA to create music experiences for individuals of all ages with special needs and/or medical issues. Both individual and group sessions are available.

Music therapy sessions are built around the strengths and interests of each client. For young children, a tailored program can include singing, movement, songwriting, dramatization, improvisation, listening, and instrument playing. For school-aged children, engaging music therapy sessions are custom-designed to provide support and practice for goals such as task-orientation, communication, and behavioral control in school, at home or in the community. Adapted instruction is offered on piano, guitar, drums, and other instruments.

Completion of an intake form and an assessment are required prior to registration. Call The Music Settlement Department of Music Therapy at (216) 421-5806, ext. 140 or email musictherapy@themusicsettlement.org for more information.

FINANCIAL AID AND OTHER FINANCIAL RESOURCES The Music Settlement offers need based financial aid to qualifying families and accepts third party payments from County Boards of Developmental Disabilities and other agencies. Our Department of Music Therapy is an approved Autism Scholarship provider with the Ohio Department of Education. Please call for information, or download a financial aid application at TheMusicSettlement.org.

Music

Private Music Instruction

Lessons are available for piano, voice, woodwinds, brass, percussion, guitar, and string instruments. All of SCA's instructors hold degree-level certification on their instruments and are accomplished performers. Instruction is offered in 30-, 45-, or 60-minute lessons. For more information about private music lessons, please call SCA at (440) 337-1400.

Piano

Dr. Daniel Barber
Jan Bis
Dr. Alexander Kostritsa
Gianmarco Manfredi

Lessons begin at...

Age 6
Age 4
Age 5
Age 5

Orchestral Strings

Nataliya Shehluk - Violin, Viola

Age 3

Guitar

Tom Poore

Age 4

Woodwinds

Vanessa Majewski - Flute
Jonathan Griffin - Saxophone, Clarinet, Jazz Studies
Heidi Kushious - Flute
Stuart Englehart - Bassoon

Age 8
Age 10
Age 8
Age 10

Percussion

Jonathan Monacelli

Age 10

Brass

Emily Bruner - French Horn, Trumpet

Age 8

Voice

Mary Krason Wiker

Age 12

NOW OFFERING:

Interested in having an extra lesson before an audition or performance?
Want to try out a new instrument or new teacher?

- Drop In/Trial Lessons
- Group Instrumental Lessons
Students will learn basic technique, musical skills, and how to play with an ensemble.
- General Music
A beginner class designed to expose students to aspects of music such as melody, harmony, notation and rhythm.
- Music History Classes
- Sight Singing/Ear Training Classes

Please call Vanessa Majewski at (440)337-1400 for more information!

ARTS

Homeschool Programs

SCA Homeschool Arts Conservatory

AGES 5 - 10 / 10 - 15

SCA's Homeschool Arts Conservatory consists of a comprehensive program of classes in Music, Theater, Visual Art and Dance. The classes, which may be taken individually or as a full program, are designed to provide a nurturing and comfortable environment in which students can stretch their creative muscles and expand their knowledge of all things arts while socializing with their peers. All classes will contain age appropriate curriculum and will meet students where they are in their arts journey. During the final day of each session, students will present their work in a showcase to family and friends.

Wednesdays 8/24 - 11/16

*No Class 10/12

Presentation Day: Wednesday, 11/30

Rehearsal: 10:00 am - 12:30 pm

Showcase: 1:30 - 2:30 pm

AGES 5 - 10

Theater 10:00 am - 11:00 am

Music 11:00 am - 12:00 pm

Lunch 12:00 pm - 12:30 pm

Dance 12:30 pm - 1:30 pm

Art 1:30 pm - 2:30 pm

AGES 10 - 12

Music 10:00 am - 11:00 am

Theater 11:00 am - 12:00 pm

Lunch 12:00 pm - 12:30 pm

Art 12:30 pm - 1:30 pm

Dance 1:30 pm - 2:30 pm

TUITION: \$130 per discipline

*\$120 per discipline if signing up for all 4 disciplines



Pre-School Programs

PRESCHOOL PROGRAMS

AGES 2 - 4

Preschool age students will have fun while building coordination, thinking, motor and social skills. and making friends. This class is designed for caregivers and students to share and create together.

SESSION DAY DATE

Session I Mon 8/22-10/10

Session II Mon 10/17-11/28

NO CLASS: 9/5, 10/3, 10/31

Preschool Music FEE
9:30 - 10:00 am \$55

Preschool Art FEE
10:15 - 11:00 am \$65

Preschool Movement FEE
11:15 - 11:45 \$40

Take \$5 off per class when you register for all three classes!



PRE-K PROGRAMS

AGES 4 - 6

These Pre-k classes are for kids ready to go to school and their friends.

SESSION DAY DATE

Session I Mon 8/22-10/10

Session II Mon 10/17-11/28

NO CLASS: 9/5, 10/3, 10/31

Pre-K Theater FEE
11:45 am - 12:30 pm \$65

Pre-K Movement FEE
12:45 - 1:15 pm \$40

Pre-K Art FEE
1:30 - 2:15 pm \$75

Take \$5 off per class when you register for all three classes!

Special Events - Fall 2016



REGISTRATION
for Fall 2016
begins
MONDAY, JULY 18 9 AM



**ALL
MUSIC DANCE
& ART
CLASSES
BEGIN**
Monday, August 22



**END-OF-SUMMER
SPLASH
BASH!**
SATURDAY
AUG. 27 5:30pm



**Corks 'n'
Canvas**
FRIDAYS 7PM
SEPT. 16 & NOV. 4



**BURGERS
&
BLUES** Friday,
September 30
7:00 pm



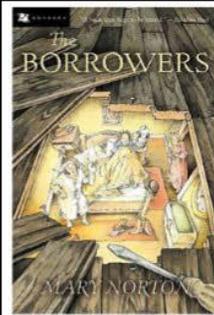
**Wicked
PUMPKIN**
Family Fest
Sunday, October 30 1:00 pm

SPOTLIGHT YOUTH
THEATER PRODUCTION



**Singin'
in the
Rain**

November 4, 5 7:30 pm
November 6 2:00 pm



**The
BORROWERS**
MARY NORTON

Stories
On
Stage

Nov. 10
7:00 pm

Nov. 12
2:00 pm



**SOLON
Philharmonic
ORCHESTRA**
Sunday, Nov. 20 3 pm



**HOLIDAY
TREE
LIGHTING**
WEDNESDAY, NOV. 23 7 pm

**Polar
Express**
December 17
1:00 pm



ADULTS ONLY!
Sat. Dec 17
6:30pm



elf

For more information on these special events, additional events or tickets visit www.solonarts.org or contact Solon Center for the Arts @ 440.337.1400



National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, better places to live.

So turn on your porch light, lock your doors, and come out to the Solon Community Center from 5:00 - 9:00 pm for some fun, food, and demonstrations while visiting vendors who can show you ways to make our families and neighborhoods even safer!

You might even get to meet McGruff!



2016 SOLON FIRE DEPARTMENT OPEN HOUSE

SUNDAY, OCTOBER 9

1:00 - 4:00 pm

Solon Fire Station I *5595 Harper Road

*Demonstrations

*Apparatus Displays & Building Tours

*Activities for Kids & Fun for the Whole Family

*Refreshments

SOLON HOME DAYS
5K RUN & 1 MILE WALK
JULY 30 2016

SPONSORED BY



TO BENEFIT THE Solon D.A.R.E. Program

WITH SUPPORT FROM



RACE DATE
Saturday, July 30, 2016

LOCATION
City of Solon
Community Center
35000 Portz Parkway
Solon, Ohio 44139

RACE DAY REGISTRATION
*Begins at 8 am *\$5 registration surcharge on race day*

GROUPS
Youth: 14 and under, 15 - 19
Adult: Male/Female 5 year age group breakdown available at hermesleveland.com

AWARDS
To the Top Overall Runners
Age Group Awards
Featuring B-Tag Timing!

EVENTS
5K RUN
*Begins at 9:15 am
Pre-registration \$20, maximum family rate \$60**
1 MILE WALK
*Begins at 8:45 am
Pre-registration \$15, maximum family rate \$30**

*Family Rate: Each member must complete their own form and mail them in to receive discounted rate. Maximum of four members.

APPLICATIONS
By Mail must be received by Wednesday, July 27
Online Registration closes Friday, July 29 at 9 am

****Register before July 8 and receive a performance t-shirt!**

To register or for more information visit www.hermescleveland.com or call (216) 623-9933.



Fri., July 29
Sat., July 30
Sun., July 31



For updates, entertainment and schedules, please visit and like the Solon Home Days Facebook page