

# SOLON RECREATION FALL LEARN TO SWIM REGISTRATION

**SATURDAY, AUGUST 26**  
8:00am – 11:00am  
SOLON COMMUNITY CENTER

***SWIM LESSONS ARE ONLY OPEN TO SOLON / GLENWILLOW RESIDENTS***

FEES:	Resident Community Center Members	6 Lessons \$30
	Resident Non-Members	6 Lessons \$35

<b>Bring your membership card or proof of residency to registration</b>
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<b>PAYMENT MUST BE MADE AT TIME OF REGISTRATION</b>
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You may only register for one swim session prior to SEPTEMBER 4. After SEPTEMBER 4, you may register for additional sessions if available.

Starting Wednesday, AUGUST 30, you can register for available swim classes through the front desk at the Solon Community Center.

**Learn to Swim Levels / Skills included in level** (this is not a complete list of skills)

<b>Learn-to-Swim Level 1: Introduction to Water Skills</b>	Enter / exit pool, blow bubbles, put face in water, front and back float	Must be 4 years of age
<b>Learn-to-Swim Level 2: Fundamental Aquatic Skills</b>	Floating independently, begin a swimming stroke using arms and legs, jumping in	Must be 4 years of age and have completed level 1
<b>Learn-to-Swim Level 3: Stroke Development</b>	Front crawl, elementary backstroke, rotary breathing, treading water, survival floating	Must be 5 years of age and have completed level 2
<b>Learn-to-Swim Level 4: Stroke Improvement</b>	Become proficient in front crawl, backstroke, breaststroke, butterfly	Must have completed level 3
<b>Learn-to-Swim Level 5: Stroke Refinement</b>	Refine all six strokes, diving, flip turns	Must have completed level 4
<b>Parent / Child: 6 months – 3 years of age</b>	Water exploration and swimming readiness skills	Parent must be with child in the water. If child is not toilet trained, swim diapers are required.

**\*\*\*\* CLASSES ARE NOT HELD ON THE SOLON SCHOOLS' SCHEDULED VACATION OR INSERVICE DAYS**

**\*\*\*\* THE SCHEDULE DOES NOT ALLOW FOR MAKE-UP CLASSES**

\*\*\*\* Goggles are permitted during lessons for Level 2 and up. No mask covering the nose is permitted.

# FALL Learn to Swim –2017

Registration at the SCC on Saturday, AUGUST 26 8:00am – 11:00am

**FEES:**            **Resident Community Center Members    6 Lessons \$30**  
                      **Resident Non-Members                            6 Lessons \$35**

**\*\*\*\* CLASSES ARE NOT HELD ON THE SOLON SCHOOLS' SCHEDULED VACATION OR INSERVICE DAYS**

**Session 1: Monday & Wednesday**                            **SEPT 11 – SEPT 27**                            6 LESSONS  
4:30 pm            1,2,3  
5:15 pm            2,3,4 /5  
6:00 pm            1,2,3/4

**Session 2: Tuesday & Thursday**                            **SEPT 12 – OCT 3**                            6 LESSONS  
4:30 pm            1,2,3  
5:15 pm            1,2,3  
6:00 pm            1,2,3  
NO CLASS SEPT 21

**Session 3: Monday & Wednesday**                            **OCT 9 – OCT 25**                            6 LESSONS  
4:30 pm            1,2,3  
5:15 pm            2,3,4/5  
6:00 pm            1,2,3/4

**Session 4: Tuesday & Thursday**                            **OCT 10 – OCTOBER 26**                            6 LESSONS  
4:30 pm            1,2,3  
5:15 pm            1,2,3  
6:00 pm            1,2,3

**Session 5: Tuesday Morning**                            **SEPT 12 – OCT 17**                            6 LESSONS  
9:30 am            Parent - Child  
10:00 am            Pre-School

**Session 5A: Tuesday Morning**                            **SEPT 12 – SEPT 26**                            6 LESSONS  
10:30 am-            ADULT  
11:30 am            ONE HOUR CLASSES

**Session 5B: Tuesday Morning**                            **OCT 3 – OCT 17**                            6 LESSONS  
10:30 am-            ADULT  
11:30 am            ONE HOUR CLASSES

**Session 7: Saturdays**                            **SEPT 16 – OCT 28**                            6 LESSONS  
9:00 am            5,Adults (18 and over)  
9:40 am            2,3,4  
10:20 am            1,2,PC  
11:00am            1,2,3  
NO CLASS SEPT 30

